



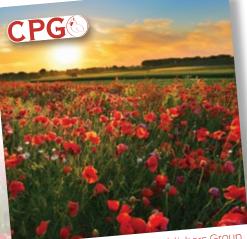
Also available on Edelweiss: CPG 2020 Spring Summer

## Table of Contents

### Frontlist

Psychology3
Self-Help 4 – 5
Business
Biography8
History9
Cooking10 – 11
True Crime12 – 13
Sports14
Fiction15 – 17
Photography18
Nature19
New to CPG20
Juvenile21

Featured Adult Backlist	22 -	- 23
Backlist		
Accessories, Art, Baseball, Basketball Biography Bodybuilding, Business / Careers Reving, Cooking, (Spirits, DVD Decumontary)	25 -	-26
Boxing, Cooking /Spirits, DVD Documentary, Education, Fiction Fishing DVD, Fitness	29 – 30 -	- 30 - 31
Fly Fishing Football, Games / Puzzles, Golf Health History	31 - 32 -	- 32 - 33
Hockey, Humor, Journals, Language Arts, Martial Arts, Medical Reference Nature, Political Science, Regional: State Crosswords		
Regional: Miscellaneous, Religion Running, Sailing Self Help, Soccer Sports: Miscellaneous	36 – .38 –	- 38 - 40
Study Guides, Transportation, Travel Triathlon, True Crime TV, Wrestling, Yoga	40 - 42 -	- 42 - 43
Featured Juvenile Backlist		44
Backlist Childrens	45 –	46
Trade Sales Representation		47



Cardinal Publishers Group Spring/Summer 2020 Catalog

## To find our catalog online:

Also available on Edelweiss: CPG 2020 Spring Summer Or Visit Cardinalpub.com homepage to download a PDF

### Psychology

### June 2020 Fizzle The Hidden Forces Crushing Your Creativity Anthony D. Fredericks

While there are hundreds of books on how to be more creative at work and home, Fizzle is the first book to explore the reasons why our creative spirit is in such short supply in the first place. Fizzle includes dynamic investigations that offer insights into the personal and societal barriers to creative expression. You'll discover how your teachers mis-educated you, why the right answer is usually wrong, and the "killer phrases" that often get in the way of creative thinking. Fredericks reveals what creative souls and dynamic thinkers already know, and shows how a knowledge of creativity barriers can help you create innovative and satisfying solutions in the workplace, your education, and your personal life! Entertaining, provocative, and fun, Fizzle: The Hidden Forces That Crush Our Creativity is not the usual compendium of creativity strategies, but rather a book that examines why creativity is often a challenge and how that knowledge can change your life and change your thinking forever!

#### 161 nem, or they could punch their server in the nose when he brings you your prime rib well done,

them, or they could purch there stevel in the loss matching the stevel in the could purch there stevel in the laborator are consistent of medium rate. However, the plethora of rules we are subjected to over the span of our lives also affects our creative impulses. That is to usay, we become conficteable with our adheever to rules and, as a result, less not to challenge them. The more rules we have in our lives, the more ordered our thinking becomes. The more ordered our thinking the less inclined we are to alter the status quo in turn, we are more inclined to be menally compliant. And that is a problem when we have a challenge is solve.

To use a nactoryca masny, an the rates m on two-part on a memal now. a 's difficult for us to break out of the hos, locanse its very "weight" depresses our creative implaces. According to a least one researcher, they create a mental lock on our thinking. We are more inclined to think shout things as they currently are, rather than things as they could be

Every act of creation is first of all an act of destruction DARLO PICASS

## Exercise In the following line of letters, cross out five letters so that the remaining letters, without changing their order, will spell a familiar English word. CFRIVEALTETITVERITSY

CFRIVEEALTEITIVERITSY In the curcies adors, you may have been projectioned to 640w the nules. That is, you may have searched through the entire fine of scorety-one laters to dentify five adorbidant laters into codd be eliminated, bus lowing a sear of laters in the optical a cummon word. After all in achool, you learned to follow the rules cepticity when answering questions on a standardized to fail a teachor-made eaters (this increasing your tashing to rules). The teachor made eaters (this increasing your tashing to the fully eater than the time of learned areas and the following the learned to follow the rules. Could be the line of learned have and cross out the following the learned to the line of the SN out illustrated at your inshiftsy to obtain a satisfactory answer. Thus, lea's beack that rule. Go back to the line of learned have and cross out the following trade learned is the line start of the search of the search areas on the following rules (the learned rule). The line TF LEARNE the line is the search of the following professional rules have "configured" your main looks at a problem (actually most problem) in a certain way: If you follow the rules, you'l get the answer. That's what your parents and, your teachers said, and your bos(co) said. Play by the rules and you'l be all right.

13

13
where the two heads only one week taskings of their minipalest and quickests way to respond to the functions. The shortest datatuse between their one is an exact structure of your works where the quickest and guide taskings. The shortest datatuse between their one is an exact structure of any other taskings of your works where the quickest and you have been are point (the datative structure). The short structure of the guide tasking and you week the short structure of the datative structure of the short struct

r is "good sense."

#### Let's examine that concept a little further. Look at the figure to the left. How many squares do you see?

Most people will see situren squares in the figure. Interestingly, much of your education has been structured so that you will answer the question above with a single (and most satisfactory) response: situres. In order words, you have been menally trained to seek out the one perfect answer on usy single question (one question "one answer). If you got situren, then pay yourself on the hards—you answers on constant. pat yourself on the back-you answered the question correctly

But did you'

tist and any you; Take another hook at the figure. Forget about sixteen similarly-sized, equal-dimension ity squares. Look for squares of different sizes (large, small) or different dimensions. For anample, a square could be composed of four smaller squares all together (two squares by two



**Blue River Press** 

\$24.99 • 288 pgs • 6 x 9 ISBN-13: 9781681571874 Hardcover with Dust Jacket PSYCHOLOGY / Creative Ability

10 B&W Illustrations Index

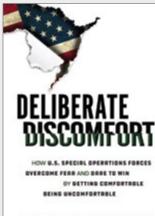
### About the Author

Anthony D. Predencks, Ed.D. is a nationally recognized educator wenknown for his practical teacher materials and stimulating and engaging conference presentations. A retired professor of education from York College of Pennsylvania, he is an award-winning and best-selling author of more than 150 books, including teacher resource materials (*Guided Reading in Grades 3–6*), children's books (*Mountain Night, Mountain Day; The Tsunami Quilt*), and adult non-fiction titles (*The Secret Life of Clams*). His extensive background includes experience as a classroom teacher, reading specialist, professional storyteller, curriculum coordinator, educational consultant, and staff developer. He won the

### Marketing

- Press release with offer of a review copy
- You Tube videos on creativity
- Author appearances at bookstores, book fairs, and libraries

### Self-Help



JASON B.A. VAN CAMP

**Ballast Books** 

\$26.95 • 285 pgs • 6 x 9 ISBN-13: 9781733428019 Hardcover with dust jacket SELF-HELP / Personal Growth / Success / BUSINESS & ECONOMICS / Motivational

60 Color Photos

### February 2020

## Deliberate Discomfort

How U.S. Special Operations Forces Overcome Fear and Dare to Win by Getting Comfortable Being Uncomfortable

#### Jason B.A. Van Camp with Andy Symonds

Twelve decorated combat veterans take you through the intense, traumatic battles they fought and won, sharing the lessons learned from those incredible challenges. Green Beret Jason Van Camp and a cadre of scientists further break down those experiences, translating them into digestible and relatable action items, showing the average person how they can apply them to their own lives.

Read Medal of Honor recipient Leroy Petry's firsthand account of how he grabbed an enemy grenade in Afghanistan and threw it, saving the life of a fellow soldier but losing his hand in the process. Learn from fellow Medal of Honor recipient Florent Groberg what he was thinking as he tackled a suicide bomber. Feel what Marine Joey Jones felt as he was flying through the air, weightless, after stepping on the IED that would take both his legs. Perhaps most importantly, listen to them explain how they overcame those challenges and used them as fuel to better themselves and the world around them. They can teach you to do the same.

"Straight up authentic. For anyone that has ever wanted to overcome fear and do more in their life, Jason Van Camp doesn't just tell you to do it, he shows you how to do it. I have a renewed appreciation for the power of the human mind to dare to win."

-Rob Riggle, Actor/Comedian & Lt. Colonel, USMC (Ret.)

"Jason's gravitational pull as a leader is unmistakably evident. There's no better man to curate anecdotes of mental toughness and perseverance."

-Chris Long, 2x Super Bowl Champion

"Gripping. Authentic. Engaging. Prodigiously researched, carefully argued, and gracefully written... a masterpiece."

— Frank W. Abagnale, Jr., Best Selling Author of *Catch Me* If You Can, Stealing Your Life, and The Art Of The Steal.

"Deliberate Discomfort provides an intensely practical and enlightened path which challenges us to break out of our comfort zones. It will undoubtedly be lauded by both military and non-military readers alike as a powerful catalyst for individual change."

-Robert A. McDonald,

Secretary of the Department of Veterans Affairs under President Obama; Retired Chairman, President & CEO of The Procter & Gamble Company

"Jason Van Camp has done a magnificent job of capturing how Green Berets thrive in uncertain circumstances when they are being forced outside their comfort zones."

> — Jeff Kirkham, Green Beret (Ret.), Black Rifle Coffee Company, Readyman, RATS Tourniquet, Best Selling Author of *Black Autumn*

### Marketing

- Nationwide book-signing tour by author and contributors
- Television, radio, podcast, blog and other print media interviews
- Social media campaign
- · Multiple launch events

### About the Authors

Jason Van Camp is a decorated Green Beret who attended and played football at West Point before earning his US Army Ranger tab and Special Forces tab. He served as a Detachment Commander with 10th Special Forces Group before deploying to war zones in the Middle East and Africa, receiving three Bronze Stars, one with a "V device" for Valor. He now helps business leaders and corporations get maximum achievement from their teams through his consulting firm, Mission Six Zero.

Andy Symonds is an award-winning journalist, writer and publisher who specializes in military fiction and nonfiction.

### Self-Help

### February 2020

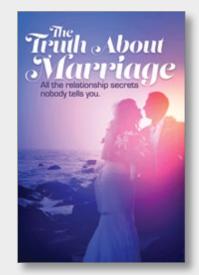
## The Truth About Marriage All the Relationship Secrets Nobody Tells You

Roger Nygard • Illustrator: Artists: Bona Bones, Daniel DeFabio, Gabriel Koerner, James Morr, Brittney Sherwood Photos are by Roger Nygard

We are all doing relationships wrong. That is what Roger Nygard discovered after meeting with dozens of psychologists and relationship specialists. There are simple changes we can make that lead to far greater relationship happiness.

Nygard's work as a feature film and documentary writer and director has focused on topics as diverse as an unparalleled, pop-culture, fandom-phenomenon known as *Trekkies*, an obsessive, culture of UFO enthusiasts found in *Six Days In Roswell*, the behind-the-scenes methods used by car salesmen in the movie *Suckers*, and the impossible-to-tackle topic of existentialism in *The Nature of Existence*. For his next enquiry Nygard began a journey of discovery to solve an even bigger mystery: marriage.

Nygard became obsessed with discovering why marriage is so difficult for human beings, and what are the real secrets to a successful, happy relationship. Every generation seems to make the same mistakes over and over. We aren't taught in school how to have good relationships. We are sent into the world to figure out this complex formula on our own, through trial and error, a bumpy process causing emotional damage to ourselves and others. *The Truth about Marriage* is an examination of the problems all those in relationships face, and a guide with specific steps from the experts that anybody can utilize to enjoy healthier, happier, more successful relationships and marriages.



Micro Publishing Media, Inc

\$17.95• 190 pgs • 6 x 9 ISBN-13: 9781944068936 • TP SELF-HELP / General / FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

Bibliography

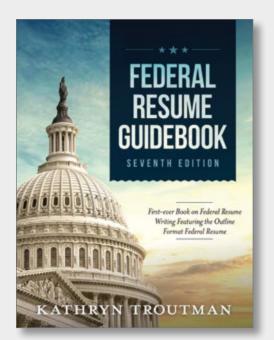
### About the Author

Roger Nygard was born and raised among the lakes and corn fields of Minnesota. After discovering his father's 8mm camera at age seven, Nygard has been making movies ever since. Nygard has written and directed award-winning films and documentaries including, *Trekkies, Six Days in Roswell, Suckers, The Nature of Existence,* and his current project, *The Truth About Marriage.* What Nygard discovered was so provocative and impactful, he wrote a companion book to present his findings along with the documentary. Nygard has also directed episodes of television series such as *The Office, The Bernie Mac Show, The Mind of the Married Man, Zeke & Luther* and many pilots, as well as having edited series such as *The League, Grey's Anatomy, Crashing,* and Emmy-nominated episodes of *VEEP, Curb Your Enthusiasm,* and *Who Is America?.* 

### Marketing

- Send journalists a funny valentine's day card, with sweethearts candy, Hershey's kisses, or a chocolate bar with the film's name and tag line on the wrapper, and a copy of the book and DVD
- Author events
- Interviews
- Book reviews

### **Business**



Resume Place, Inc.

\$15.95 • 160 pgs • 8.5 x11 ISBN-13: 9781733407601 • TP BUSINESS & ECONOMICS / Careers / Job Hunting / Resumes

Sample Federal Resumes, USAJOBS Announcements, Hiring Charts

20 Federal Resume Samples; Before (private sector) and AFTER (Federal resumes) for jobseekers to see the huge differences in the two formats.

"Kathryn has provided great support to the Navy Fleet and Family Support staff located worldwide. She is always willing to share insights and information with us to help our employment counselors better serve the military and military family members."

—Barbara Geisler, Learning Specialist, Zeiders Enterprises, Inc., August 1, 2010

### March 2020

## Federal Resume Guidebook, Seventh Edition

### First-ever Book on Federal Resume Writing Featuring the Outline Format Federal Resume

Kathryn Troutman •Contributors: John Gagnon, Ph.D., J.D. and Emily Illustrators: Paulina Chen and Brian Moore

Author, Kathryn Troutman, is the known "Federal Resume Guru". This is the FIRST-EVER book on Federal Resume Writing and it is continually used as a text inside of Federal Agencies in the Government to teach Federal Resume Writing to current Federal Employees. The Federal Human Resources Specialists like the Outline Format which is featured in this text and created by Kathryn Troutman, The Outline Format features ALL CAP KEYWORDS from the job announcement; small paragraphs for easy reading; and Accomplishments to prove the KSAs that are required for the position. This 5-page resume format and the samples in THIS BOOK, can result in BEST QUALIFIED, REFERRED, INTERVIEWED AND HIRED APPLICANTS for Federal Careers.

The Federal Resume is different than the Private Sector Resume. Five pages vs. two pages. The resume must match the USAJOBS announcement qualifications, keywords and questionnaire. See samples and learn the differences that can result in a BEST QUALIFIED application for a Federal Career or Promotion! ALSO Federal Career Change chapters to break into a Federal career from military, contracting, private sector, new graduates.

#### The Book Includes Four New Federal Career Change Chapters:

Federal employees are always seeking promotions and changing their job series; private sector jobseekers want Federal careers; and how senior federal employees are leaving to become consultants and highly paid SMEs and contractors; Recent Graduates want to break into government for stable careers!

- · How to Get Promoted Inside of Government Same Job Series
- · How to Change Job Series Inside of Government
- · How to Break into Government Career Change
- · How to Leave Government and work in Private Sector

#### Bonus Information Technology Federal Resume Chapter from the 6<sup>th</sup> Edition! Back by Popular Demand!

The popular chapter, How to Write an Information Technology Federal Resume, is updated and still in the book. The IT Specialist position is the NO. 3 POPULAR JOB IN GOVERNMENT. This chapter is a "must-read" for anyone who wants an IT specialist Federal Career!

### Marketing

- www.resume-place.com (author's website)
- Major booksellers
- Facebook, YouTube, and Twitter posts
- · PRWeb and other press releases
- · Blogs and articles by the author
- · Radio and TV visibility

### About the Author

Kathryn Troutman is the founder and President of Resume Place, Inc., the first-ever Federal resume writing and consulting firm in AMERICA. Kathryn wrote the FIRSTever book on Federal Resume Writing — this book. Kathryn also created the popular curriculum to navigate Federal job search: *Ten Steps to a Federal Job*<sup>®</sup>. This curriculum is licensed through her train-the-trainer program, Certified Federal Job Search Trainer and Certified Federal Career Coach. This certification program is required training for employment readiness specialists with the Joint Military Services and is taught worldwide at military bases.

Internationally recognized as the "Federal Resume Guru," Troutman is the pioneering designer of the Federal Resume. She lives in Catonsville, MD.

### **Business**

### March 2020

## Ace Your Teacher Resume Insider Secrets That Get You Noticed,

Revised and Expanded Second Edition

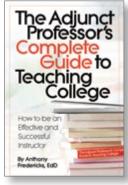
#### Anthony D. Fredericks, Ed.D

It's a question that's asked thousands of times by thousands of potential teachers every year. In this captivating and highly practical book, (which builds on the success of the critically acclaimed *Ace Your Teacher Interview*) award-winning author and teacher, Anthony D. Fredericks offers real-world guidelines, fresh advice, and down-to-earth tips from numerous principals and superintendents around the country. Most important, he provides you with insider knowledge about what types of vocabulary and key words/phrases that school administrators look for.

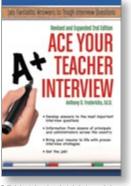
Discover what's often missing from teacher resumes and what things to exclude from your resume. Ace Your Teacher Resume (& Cover Letter) gives you proven strategies, winning guidelines, along with scores of sample resumes and cover letters. Also included are stepby-step writing instructions that help you rise to the top of the applicant pool and give you a distinctive advantage over the competition — an advantage that can result in a permanent job offer and the career of your dreams.

With this guide, you can create a dynamic resume, with a catching objective, and an incredible cover letter, all rooted in your own unique experiences and philosophy, and sure to impress any potential interviewer. Revised to include new and updated information on getting past high-tech resume scanners and electronic databases, this book will show you how you can stand out as a teacher candidate truly at the top of your game!

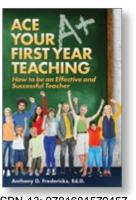
### Other books from Anthony D. Fredericks



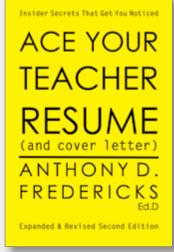
ISBN-13: 9781681571331



ISBN-13: 9781681570044



ISBN-13: 9781681570457



**Blue River Press** 

Ace Your Teacher Series \$14.99 • 256 pgs • 6 x 9 ISBN-13: 9781681572000 • TP BUSINESS & ECONOMICS / Careers / Resumes

Index, Resource Directory, Sample Cover Letters, Sample Resumes, Personal Checklist for Resume and Cover Letter Success

### About the Author

Anthony D. Fredericks, Ed.D. is a nationally recognized educator well known for his practical teacher materials and stimulating and engaging conference presentations. A professor of education at York College of Pennsylvania, he is an award-winning and best-selling author of more than 150 books, including teacher resource materials (*Guided Reading in Grades* 3-6), children's books (*Mountain Night, Mountain Day; The Tsunami Quilt*), and adult non-fiction titles (*The Secret Life of Clams*). Ace Your Teacher Resume is the second in a series, it follows Ace Your Teachers Interview. His extensive background includes experience as a classroom teacher, reading specialist, professional storyteller, curriculum coordinator, educational consultant, and staff developer.

### Marketing

- · Press Release to cities all over the US
- Author events and book signings
- · Television, radio, print, and online interviews

### Biography



November Media Publishing

\$16.95 • 224 pgs • 5.5 x 8.5 ISBN-13: 9781733772495 • HC BIOGRAPHY & AUTOBIOGRAPHY / Cultural, Ethnic & Regional / African American & Black / Rich & Famous / SELF-HELP / Personal Growth / Happiness

### May 2020

## I Once Was Her

#### Teresa Caldwell • Foreword by: NFL Hall of Famer, Curtis Martin

They say, "You can't judge a book by its cover," and the same is true for entrepreneur and business mogul Teresa Caldwell, Manager and mother to successful rap/movie entertainer Shad Moss, better known as Bow Wow.

This beautiful, well-put together woman has had her share of tears and mountains to climb. In fact, this book is a raw look into the dark side of Teresa's life, before the fame and fortune, and tells the story of rejection, abandonment, and physical abuse.

In her debut book *I Once Was Her*, Teresa offers the gift of sharing her experiences (the good, bad, and the ugly) to help readers realize that no matter how grim a situation seems; a way out exists, and a door will open if you allow yourself to consistently evolve past the pain and struggles.

Be impacted by her testimony. Find hope through her journey of emotional and physical abuse. Learn to walk into your true identity, like a BOSS!

#### Excerpt from Curtis Martin Foreword,

Being friends for so long, I was privileged to see a lot of different sides of her. And one thing that she and I would always discuss was knowing when change is necessary, because if you did not change, you would just self-destruct. But Teresa's ability to adapt and change is something that I applaud. I have literally watched her transform into a much wiser woman, right before my eyes.

Yet, with that being said... the one thing that I both love— and hate about Teresa, is her willingness to fight. I love it because, though I've seen her knocked down several times, her resilience causes her to get back up over and over again. Nevertheless, this same resilience also keeps her shielded at times.

Because she has been hurt and let down so many times by family, friends, and men that she has tried to settle down with—she keeps a wall of protection around her heart, and honestly, I don't blame her. She has had to deal with so much adversity and I know that at times her kindness, love, and compassion was not reciprocated.

This world will try to break you, tear you down, and strip you of your identity. But when you know who you are and whose you are, you will unlock a confidence in you that becomes an unstoppable force that the world cannot reckon with. And this is what Teresa Caldwell has unlocked in her life.

-Curtis Martin, NFL Hall of Famer and Philanthropist

### Marketing

- Press release with offer of sample copies
- Television, radio, print, and online interviews
- Book reviews
- · Author appearances

### About the Author

Teresa Caldwell is both mother and manager to Bow Wow, an American rapper who released his first album at age 13 and had his first movie appearance not long after. Teresa is also an activist and self-empowerment speaker focusing on promoting self-empowerment, social justice, media literacy, activism, and leadership among women, youth, girls, and their advocates.

Teresa Caldwell wants to encourage women to discover their true worth, prioritize their health, fall in love with themselves, and live their greatest potential. Teresa resides in Atlanta, Georgia.

### Biography / History

### May 2020

# America's First Frontier

### New York's Pioneers and Their Fight for Freedom

#### Francis Whiting Halsey

The powerful story of the brave men and women who helped build America.

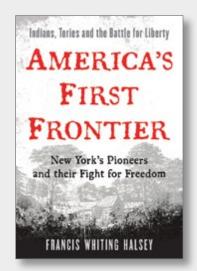
In New York's early days, settlers journeyed into the wilderness to build a new life. They faced hunger, disease and the biggest threat of all—mankind. Hostile Indians, French mercenaries and British loyalists were all daily threats to the lives and homesteads of the early pioneers.

Never was the resourcefulness and courage of Americans more apparent than at the very edges of civilization in an untamed land. They cleared their own fields and built their own homes. When the men volunteered for militias and marched off to battle, to fight and perhaps die, pioneer women were left alone to guard their homes and children.

From the first settlers in the 17<sup>th</sup> century through the American Revolution, Halsey shows how important the New York frontier was to the founding of America—and the dramatic personal courage of those who lived there.

### About the Author

Francis Whiting Halsey was born in Unadilla, New York in 1851. He was a journalist, lecturer, editor and historian. He lectured extensively and was a member of New York State History Association. He wrote for *The New York Times* and was the first editor of its *Book Review*. He died in 1919.



#### HVA PRESS

\$19.95 • 442 pgs • 5.5 x 8 ISBN-13: 9781948697071 • TP History

14 Illustrations Index

### July 2020

## Dynamite, Spies and Codes Tales from the Early Days of the

New York City Bomb Squad

Thomas J. Tunney with Paul Merrick Hollister Introduction by: Arthur Woods

A classic true crime thriller from the Chief of New York City's first Bomb Squad.

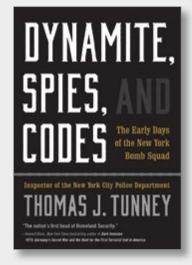
Before America entered the First World War, we were under attack by a new type of foeinternational terrorists. Bombs were planted and ships were sunk. To protect America from this new threat the first Bomb Squad was created, headed by Thomas J. Tunney, a young captain of the NYPD. Based in New York City, his team tracked down dozens of spies, from upstate New York to Hoboken to Long Island, as well as India, Japan and beyond.

*Dynamite, Spies and Codes* is a first-hand look at early detective work by the man who has been called, "The nation's first head of Homeland Security" by *New York Times* bestselling author Howard Blum.

Features rare photos of codebooks, homemade bombs, undercover police and criminals in disguise.

### About the Author

Thomas J. Tunney was born in Ireland 1875 and moved to New York City when he was 15. He became the head of the first New York Bomb Squad in 1914. Later he moved to military intelligence as a major. He died in 1952 in Tampa, Florida.

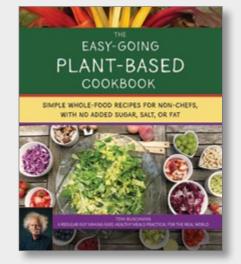


#### **HVA PRESS**

\$18.95 • 280 pgs • 5 x 7.25 ISBN-13: 9781948697088 • TP TRUE CRIME / Espionage

25 B&W Photos and Illustrations

### Cooking



#### **Quixotic Books**

\$14.98 • 104 pgs • 7.5 x 9 ISBN-13: 9780998858944 • TP COOKING / Health & Healing / General / Courses & Dishes

93 Color Illustrations Index

### May 2020

## The Easy-Going Plant-Based Cookbook

# Simple Whole-Food Recipes for Non-Chefs, with No Added Sugar, Salt, or Fat

### Tom Buschman • Illustrator: Peggy Buschman

This cookbook is full of easy whole-food plant-based recipes that make healthy meals accessible to people living in the real-world of everyday life. It focuses on:

- · Ingredients that can be found at the local store,
- · Recipes that don't require a multitude of ingredients,
- · Meals that don't end in a mountain of dirty dishes, and
- · Leftovers that store well in the fridge and freezer.

Marketers want you to believe that if they put the word "vegan" on their package, it is automatically healthy. Sadly, many vegan cookbooks are filled with unhealthful, often complicated recipes. That is why it is important to understand the difference between good and bad food. Whole-food plant-based eating is good for you. It is instinctive, based on fruits, vegetables, legumes, nuts, and whole grains. Common sense, and scientific studies, tell us that these foods should compose most of our diets for good health and longevity.

This book offers recipes and tips how to incorporate whole foods into your everyday eating. It is meant for the beginner as well as experienced vegans wishing to expand their food repertoire. It also includes shopping advice, and tips on how to keep it up in social settings and outings, no matter how un-vegan your hometown may be.

For ease and speed, each recipe has two sections: the Essentials and Extra Detail. The Essentials serves as a minimum reminder of what you need to know to put the recipe together. The Extra Detail section gives expanded advice to follow the first time you make the recipe.

Each recipe has a photo, so you have an idea of what the finished product should look like. The photos are not super glitzy, but do show what the food really looks like.

Each recipe includes a group of icons to give you a quick idea of what to expect. There are icons for the following:

- Oven, microwave, or stove-top recipe,
- Blender or food processor recipe,
- Quick (less than 20 minutes),
- Simple (just a few ingredients),
- Super food (lots of daily dozen),
- · Freezer-friendly foods,
- · Snacks for home or on-the-go,
- Good car travel food, and
- · Carnivore guest potential.

### Marketing

- Publicity Plan
- Author Tour
- Advertising
- Academic Promotion
- Web Promotion
- Web
- Blog
- Social media

### About the Author

Tom Buschman is just a regular guy from Ohio who wanted to be healthier. Through several years of research, trial and error, he ditched the fancy cookbooks and fad diets, and figured out how to make whole-food plant-based eating simple enough to stick to under real-world conditions (including keeping it up amongst a culture that mocks it). Today he is healthier than ever, and now sharing his recipes that made it possible. He has been living this lifestyle for years now, and reports, "My cholesterol has gone from a high of 280 to 160, I feel better, have more energy, and my weight is constant at or below my high school weight, with no dieting. I eat as much as I want, whenever I want."

### Cooking

## March 2020 TV DINNERS

# Classic TV Kid Stars Dish Up Favorite Recipes with a Side of Memories

#### Author: Laurie Jacobson - Foreword by: Jon Provost

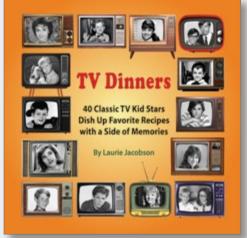
*TV DINNERS* combines America's love of good food with its great nostalgia for Classic TV by sharing recipes and recollections from dozens of TV's most beloved kid stars of the '50s and '60s. Their favorite dishes both from their heyday and today are highlighted with personal memories, detailed biographies and rare photos.

During the Golden Age of Television, just three channels ruled the airwaves. That meant, in 1960 when 90% of American homes had TVs, about 55 million people watched each show. Imagine that! That's half the world-wide audience for the Super Bowl...every week...for years!

For all the Baby Boomers who watched faithfully week after week, who joined fan clubs and sent in Campbell's Soup labels for Lassie wallets and secret decoder rings, for them, the kids on television were thought of as best friends and blood brothers. Their photos hung in bedrooms and school lockers across the nation. At a time before society was so connected, these kids were the connection for millions of people. "Danger, Will Robinson!" or "What's that, Girl? Timmy's in the well?" told you everything you needed to know about someone. These catch phrases still regularly make their way into comic strips or late night TV monologues because such enormous portions of the population know them...50 years later.

A plethora of nostalgic networks allowed Boomers to enjoy their favorite shows again with their own children...and again with their grandchildren, saying, "This is who Grandma watched when she was your age." Families continue to bond watching Classic TV kid stars. These icons and the characters they played are firmly embedded in our popular culture, cherished by millions of loyal fans who continue to celebrate them. When The Beaver hit 70 this year, over a million followers on Twitter sent congratulations. The recent tragic loss of Annette Funicello to MS and of David Cassidy to alcoholism triggered outpourings of emotion on social media that spanned generations. Quite simply, America grew up with these kids. They are a part of us.

*TV DINNERS* is as American as apple pie, capturing all the fun and warmth of the era through childhood recipes and recollections from the cream of the crop of Classic TV kids. Meanwhile, a second helping of their favorite adult recipes brings the reader right up to the minute. Their personal stories are funny, charming, often revealing. All serve up a cornucopia of cherished memories.



#### **TV Classics Press**

\$24.95 • 200 pgs • 8.5 x 8.5 ISBN-13: 9781944068912 • TP COOKING / Media Tie-In / PERFORMING ARTS / Television / History & Criticism / SOCIAL SCIENCE / Popular Culture

100 B&W Photos

### About the Author

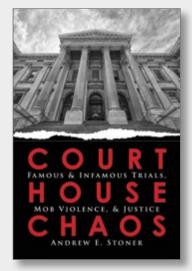
As a reigning expert on Hollywood's social history, Laurie Jacobson has written four books, numerous documentaries and TV specials and countless magazine articles. Laurie has a passion for classic television, pop culture nostalgia and her husband, Jon Provost, who played Timmy on the iconic show Lassie.

A highly accomplished writer and producer, in 2017 the California Motion Picture Council presented her with their Lifetime Achievement Award for her outstanding literary contributions in the entertainment industry.

#### Marketing

- Interviews
- Book reviews
- Social media
- Author appearances

### True Crime



#### **Blue River Press**

\$16.99 • 224 pgs • 5.5 x 8.5 ISBN-13: 9781681571768 • TP TRUE CRIME / Historical

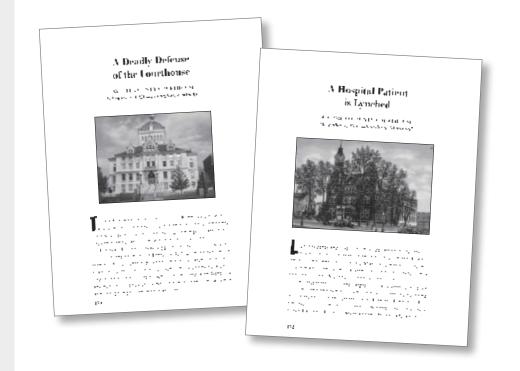
24 B&W photos

### May 2020 Courthouse Chaos Famous and Infamous Trials, Mob Violence, & Justice

#### Andrew E. Stoner

What does the Manson Family have in common with professional wrestling, *Confidential*, and a fire-proof vault? They make up just a few of the stories featured in *Courthouse Chaos*. Joined by the KKK, *Hustler* magazine, the National Guard, and Lee Harvey Oswald, this book dives into the histories of courthouses all across the United States to reveal their most famous and infamous trials and instances of mob violence.

In many towns, the courthouse represents justice, safety, and the rule of law. However, in some cities it develops into much more, becoming the home of tragedies and notorious trials. *Courthouse Chaos: Famous and Infamous Trials and Mob Justice & Violence* covers the most well-known of these cases in detail, offering true crime lovers their money's worth in local stories, well-researched facts, cutting insight, and unbiased conclusions. Broken into two sections, this book is the first in a series of true crime titles aimed at highlighting the deplorable and memorable events that have taken place in and around courthouses throughout the country.



### Marketing

- · Press release with review copy offer
- · Television, radio, print, and online interviews
- · Book reviews
- · Author appearances and book signings

### About the Author

Andrew E. Stoner is a native of Goshen, Indiana, and lived in Indianapolis for twenty-six years. He started writing as a boy by teaching himself to type on an old Underwood manual typewriter. A journalist by training, his writing has been published in the *South Bend Tribune, Goshen News, Indianapolis Star, Indianapolis Recorder, Sports Illustrated* and *Colliers Worldbook Encyclopedia.* He holds a bachelor's degree in journalism from Franklin College of Indiana and a master's degree in journalism from Ball State University. He is currently completing a Ph.D. in journalism and technical communications at Colorado State University in Fort Collins, Colorado.

### March 2020

## Master of Deceit How a Veteran Con Man Scammed His Way into the White House

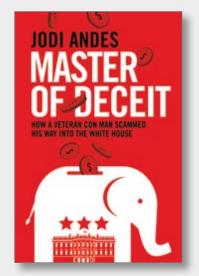
#### Jodi Andes

A U.S. Secret Service agent handed Bobby Thompson his state ID and motioned to show him the way. The agent had no idea he had just given access to a white house inner sanctum to a serial identity thief, con man and suspected spy. Bobby Thompson, the name he was using at that time, was even a bit surprised at how easy it was to gain entry. Even he was beginning to believe he really was the head of a highly successful foundation to benefit veterans. He raised millions of dollars which he used to line the pockets of the republicans. So what if the money never made it to the intended parties? It had gotten him an invitation to rub elbows with the people with whom he belonged, at least in his own mind.

*Master of Deceit* is the true story of one of the most outrageous criminal chameleons in US history. "Bobby Thompson" was born John Donald Cody - a charming, highly intelligent academic who could talk his way into anything. He graduated from Harvard Law School and assigned to military intelligence where he was given assignments so top-secret military records don't even mention his unit. And he was loaned to a federal agency so classified it could never be named. With this training and access, he could have been an asset. But something changed.

After a dozen years as a military spy, Cody went AWOL. When he resurfaced, he was a seasoned criminal mastermind. His last fake identity, Bobby Thompson, before ultimate capture was his favorite. With this persona, he eluded authorities to a point where many investigators gave up. That is until a dogged team of U.S. Marshals, a Secret Service agent and police detective hunted him down and ultimately helped bring him to justice. Like the unraveling of an intricate spider's web, *Master of Deceit* takes readers through the meanderings of John Donald Cody on the run, his capture and the startling revelation that perhaps some federal officials never wanted him caught.

The final mystery? Where are all the millions he stole?



Micro Publishing Media, Inc

\$16.95 • 250 pgs • 6 x 9 ISBN-13: 9781944068905 • TP TRUE CRIME / Con Artists, Hoaxes & Deceptions / White Collar Crime / POLITICAL SCIENCE / Intelligence & Espionage

50 Color Photos

### About the Author

Jodi Andes is a former award-winning newspaper journalist and television producer whose dogged investigation skills caught the attention of newly-elected Ohio Attorney General Richard Cordray in 2009. Cordray, who later became the first director of the federal Consumer Financial Protection Bureau, hired her as his Senior Investigator for the state's top law enforcement office where she later became tasked with working on the Bobby Thompson case.

She is an award-winning journalist, whose accolades include a regional Edward R. Murrow Award, regional Emmys and multiple state-wide newspaper awards. Ms. Andes is also a former licensed private investigator, who lives in the Columbus, Ohio, area with her two sons, David and Andy.

#### Marketing

- Book reviews
- Online interviews

### Sports



Sports Vue Interactive Media

\$24.95 • 400 pgs • 6 x 9 ISBN-13: 9780998654232 • TP SPORTS & RECREATION / Soccer

**B&W Photos** 

"We are a soccer nation and long overdue we finally have a book that puts it all together. If soccer is your passion the North American Soccer Guide is a must have."

- Dave Johnson, DC United broadcaster

"Very impressive and there is so much information."

- Arnold Ramirez, Soccer coach (retired), LIU, Ramapo State College

"Great asset to our soccer business!"

— Yan Skwara, Commissioner, United Premier Soccer League

"One of the best soccer books of 2017... "2018's updated and expanded version does not disappoint."

- Soccer Today

### March 2020

## North American Soccer Guide & Record Book 2020

Charles Cuttone, Linda Cuttone

Written and compiled for soccer fans by a team of experienced writers and editors, *North American Soccer Guide 2020* offers a comprehensive look at soccer in North America. This will be the fourth edition of the Guide, which is published annually in March to coincide with the start of the professional soccer season.

From the Men's and Women's national teams of the U.S. and Canada to Major League Soccer, all the way down to the top levels of youth soccer, the Guide covers it all, providing an extensive, easy-to-read book full of facts and information.

Senior editors Charles and Linda Cuttone have decades of experience working in or covering soccer, and contributors Frank Dell'Apa (*Boston Globe*), Jamie Goldberg (*The Oregonian*), Brian Trusdell (*Associated Press* and *Bloomberg Sports*), and Kathryn Knapp (*AP* and other outlets), have covered the sport for years.

Their input makes the *Guide* "The Bible" of the sport in North America, according to former Major League Soccer Commissioner Doug Logan, and "*A must have*" according to DC United broadcaster Dave Johnson.

The 2020 edition contains extensive coverage of the U.S. Women's National team's FIFA Women's World Cup victory, including match recaps, new tournament records and capsule biographies of every player on the championship lineup. In addition, the book offers expanded team-by-team records for Major League Soccer and the National Women's Soccer League, recaps of the first seasons of competition for the Canadian Premier Soccer League and USL League One, and a history section anchored by an in-depth statistical review of the 1960's International Soccer League, which featured major European and South American teams.

The *Guide* offers a comprehensive review of the 2019 season in every major and lower level soccer league in North America, as well as recaps of key competitions including the FIFA Women's World Cup; CONCACAF Gold Cup, Nations Cup and Champions League; Canadian Championship; Lamar Hunt U.S. Open Cup; U.S. Amateur Cups and Men's and Women's International Champions Cup. College and Youth Soccer also have dedicated sections, and the Guide offers a day-by-day Almanac of the 2019 soccer year alongside a calendar of key dates and events for the year to come.

"This book is the Bible of North American Soccer."

- Fernando Fiore, Fox Sports soccer commentator (said live on National TV).

Anybody who seriously follows soccer in the US should get this soccer guide. First class work.

-Texas Soccer Journal

This is awesome! Absolutely fantastic US Soccer resource.

—David Kilpatrick, NY Cosmos Historian

"The North American Soccer Guide is an indispensable item for any sports fan's bookshelf. For historians, for modern-day fans, and for those who simply want to know what soccer is all about, this is required reading."

-Jim Trecker, 2017 National Soccer Hall of Fame Media Award Honoree

### Marketing

- Direct outreach to soccer media, teams, leagues, supporters' groups and college coaches/SIDs
- Author appearances on soccer broadcasts and podcasts
- Twitter campaign targeting influencers

About the Authors

Charles Cuttone is a three-time winner of the National Soccer Coaches Association of America writing award, He has been working in or writing about soccer for more than 40 years, in a career that began working in the public relations department of the New York Cosmos in 1975, and has included serving as a team executive and owner, international games promoter, product developer and licensee, writer, editor and web developer.

Linda Cuttone has been involved in soccer since 1988 when she began her sports career as public relations director for the American Soccer League's Maryland Bays. At season's end she joined the League office, serving as director of operations. She is an accomplished soccer photographer, as well as a writer and editor

### Fiction

## March 2020 Shrink Rapt

#### Freda Hansburg

The murder of the arrogant chairman of Behavioral Health Sciences shocks the faculty, staff and patients of Franklin University Medical Center, none more than the four unstable subjects in his pilot research study. All are members of a treatment program directed by psychologist April Simon, 34, newly divorced and discouraged about her academic prospects. When the late psychiatrist's death propels her patients into bizarre and threatening behavior and pits her colleagues against each other, April faces three challenges. She must solve the riddle of her patients' dangerous transformation, avoid becoming the killer's next target, and decide whether to trust an attractive, world-weary detective who seeks her help – when he's not treating her as a suspect.

Shrink Rapt takes the reader into the halls of academic medicine, setting death, betrayal and romance against a real-life backdrop of the fraught alliance between medical research and Big Pharma. The murder of Dr. Lowell Morgenstern turns psychologist April Simon and detective Sam Perone into potential allies and sometime adversaries, each trying to unravel (and keep) secrets as they parse the crime. The tug of war between a smart, lonely professional woman and a cop whose brash exterior masks the scars of a tragic past, yields a story about the tenuous development of trust in a world where no one is what they seem.

Epitomizing the genre of psychological thriller, *Shrink Rapt* is a classic whodunit featuring a psychologist protagonist. The author, also a psychologist, draws on her insight as a therapist to treat themes of abandonment, sexual trauma, abuse and addiction with a deft and sensitive hand. The rich cast of characters is replete with likely murder suspects, providing twists, suspense and a stunning climax. Readers will warm to April Simon and her struggle to distinguish friend from foe, while battling her own inner demons. Razor-sharp dialogue and crackling chemistry between April and Sam will delight fans of Kathy Reichs and Linda Fairstein.

Praise for PeopleSmart, "An outstanding 'how-to' guide on connecting effectively with people. It is essential reading for growing important relationships in our personal and professional lives."

- Ken Blanchard, co-author, The One Minute Manager

Praise for Tell on You, "Fans of Megan Abbott, rejoice! There's a new writer in school, and she depicts with dazzling insight the lives of troubled girls and the vulnerable adults they ensnare in their traps."

- Jenny Milchman, Mary Higgins Clark Award, winning author



Micro Publishing Media, Inc

\$16.95 • 302 pgs • 6 x 9 ISBN-13: 9781944068677 • TP FICTION / Mystery & Detective / General / Thrillers / Psychological / Suspense

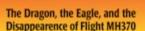
### About the Author

Freda Hansburg is a psychologist and author of the Next Generation Indie Book Award thriller, *Tell on You*. She is co-author of two self-help books, including the bestseller *PeopleSmart* – translated into a dozen languages. She lives in Bluffton, South Carolina, where she is working on her next suspense novel and her Pickleball game.

### Marketing

- Radio and television promotion
- Blog tour
- Author events
- · Promotion on publisher and author websites.

### Fiction





Micro Publishing Media, Inc

\$17.95 • 363 pgs • 6 x 9 ISBN-13: 9781944068929 • TP FICTION / Political / Historical / General / POLITICAL SCIENCE / Terrorism

### July 2020

## The Dragon, the Eagle, and the Disappearance of Flight MH370

Michael La Vasani, James Hamilton · Foreword by: J Hamilton

Kelly Rostam, ex-airline pilot cum private detective, is contacted by a strange request to prove that a Malaysian Chinese had nothing to do with the disappearance of Malaysia Airlines flight MH370. To prove a negative seems unusual to Rostam, who refuses to take the case. Nevertheless, a red flag has been raised and Rostam's innate curiosity coupled with his knowledge about the plane's operation cause him to dig deeper and draw the attention of the American CIA.

The gripping novel is loosely based on the facts and discoveries made by Michael La Vasani as he investigated the gaps in the media reports and press releases which have often been contradictory. It deals with evidence of a vast cover-up by the Chinese government to disguise the real reason lives were sacrificed on that vanished flight.

When Malaysia Airlines flight MH370 vanished into thin air, Michael LaVasani happened to be in Malaysia visiting relatives. A veteran airline pilot himself, he was naturally curious about this aviation anomaly. Connecting with people he knew at the airline, he began asking questions. Because of his past history of investigating commercial plane failures, an American who worked for Malaysia Airlines invited him to join the ocean search for the missing plane and its passengers.

It soon became clear that China was connected. It also appeared that location of possible down sites coming from China were suspect. From Michael's intimate knowledge of the workings of a jetliner inside the cockpit, a real picture of what had happened began to take shape.

Because no sources with knowledge about the matter would allow real names to be used, Michael and Jim concluded that the story would have to be told in novel form. It became clear from interviews with locals that there is little love from the Malaysians for the Chinese who have asserted themselves into government and finance. The common belief is that there was a sinister link behind the disappearance of flight MH370 and Chinese operatives that was especially notable

### Marketing

- Twitter and Facebook feeds
- · Various website advertising
- · Updating online of relevant reviews
- · Marketing campaign through reviewers

### About the Authors

Michael La Vasani has 4 decades of experience in flying commercial aircraft. He knows firsthand about despotic regimes after flying the Shah out of Iran and returning to face imprisonment and torture at the hands of the Iranian Guard. After escaping Iran, he migrated to the U.S. where he was able to pick up on his pilot expertise. He currently resides in Nagasaki, Japan.

James Hamilton is a retired teacher who has written three other novels and several biographies, including one about the early life of Michael La Vasani growing up in Iran and a Buddhist monastery in Tibet.

### **Fiction**

## May 2020 The Chosen Ones

#### Lisa Luciano

"Somebody has to do something. One of the world's top male skaters is in danger. He'll be dead before the end of the Olympics. If you can't stop it, at least find out why it happened. For once, tell the real story." Brody Yates has fallen on hard times. Fired from his job as a sports reporter for a major newspaper, he decides to go undercover as a trainer in order to infiltrate the backstage world of figure skating. He has one chance to save someone's life and to turn his around by breaking the story of a lifetime. The Chosen Ones, though fictionalized, reveals the secrets behind the sequins against the backdrop of the high pressure sport of world class figure skating. In this non-stop thriller, only one person can win. Not everyone will survive.

#### Praise for The Chosen Ones

Move over Tonya Harding, there's a new figure-skating menace in town! Brody Yates, a disgraced investigative reporter, is surprised to be summoned to the offices of Sam Jacobs, his former boss and friend, who plays a cryptic voicemail message in which the life of a prominent yet unknown male figure skater is threatened during the upcoming Olympics. Since no other male reporter will touch the story, Jacobs offers the 40-year-old white man a chance to break the case by sending him undercover to infiltrate the Olympic figure skating team by posing as a trainer. This is New York Times sportswriter Luciano's first novel, and the work's awkwardly employed metaphors and sentence structure are what might be expected from a freshman debut.

All of the requisite ingredients for a standard pot-boiling drama/mystery are present, from the handsome yet damaged and down-on-his-luck protagonist desperately seeking redemption to secret love trysts, ageing stars, and jealous fiancées, but the elements feel stale because the narrative whizzes too quickly through plot points to build either suspense or true reader investment in the characters. Though still entertaining, the novel violates the cardinal rule of writing, which is to show rather than tell. Despite some stumbling, however, the author clearly knows the worlds of figure skating and journalism, which the story makes evident. Given Yates' advanced age, the real mystery is why this book is being positioned for the teen market. A breezy, disposable read that will be more at home in adult sections than teen

- Kirkus Reviews



Micro Publishing Media, Inc

\$16.95 • 305 pgs • 6 x 9 ISBN-13: 9781936517305 • TP FICTION / Sports

Foreword, preface, afterword, appendix

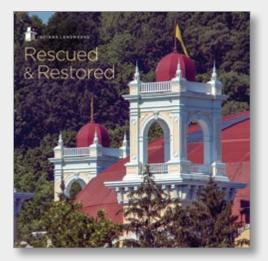
### About the Author

Lisa Luciano's work as a director/producer in television production received national recognition for excellence in educational programming. She is the author of a non-fiction book about how to use technology in the classroom, has had a documentary script produced and has now written her first novel. Her non-fiction pieces have won numerous awards. Born and raised in New York, she now resides in Fairfield, Connecticut. Her passion (besides writing) outside of the classroom is martial arts. She is a 4th Dan black belt Tae Kwon Do Master/Instructor as well as a black belt in Hapkido.

#### Marketing

- Book reviews
- Interviews
- Social Media campaign

### Photography



Indiana Landmarks

\$29.95 • 144 pgs • 10 x 10 ISBN-13: 9781734202700 • HC PHOTOGRAPHY / Subjects & Themes / Regional / Subjects & Themes / Architectural & Industrial / ARCHITECTURE / Buildings / Landmarks & Monuments

More than 200 color photos Index

Cover: West Baden Springs Hotel, courtesy French Lick Resort

### May 2020

## Indiana Landmarks Rescued & Restored

Tina Connor, Editor • Introduction by Marsh Davis, President, Indiana Landmarks • Photographs by Lee Lewellen, Evan Hale, Robert Zyromski, and others

Who doesn't love inspirational comeback stories? *Indiana Landmarks Rescued & Restored* offers dramatic before-and-after photographs that show remarkable turnarounds for endangered places as diverse as the oldest house in Wabash—small and quirky—and Bush Stadium, original home of the Indianapolis Indians, reinvented as apartments.

The coffee table book features more than 50 landmarks across the state snatched from the wrecking ball or lifted from decades of neglect and restored to new uses. The magnificent West Baden Springs Hotel—featured on the cover—makes the heart soar, rising from ruinous collapse to fairy tale castle, a turnaround that lifted an entire regional economy. So does the Fowler Theatre, a dark and downtrodden spot restored to a neon-lit, beloved community anchor.

In addition to individual landmarks, the book covers the transformation of entire historic neighborhoods. For example, Indianapolis's Lockerbie Square in the 1970s was plagued by vacant and dilapidated buildings until Indiana Landmarks targeted the district, restoring a third of the houses and attracting young families and retirees to downtown living.

While color pictures tell the tales, the accompanying text gives a thumbnail history of each landmark and how it was rescued and restored. The book may spark conversation, home-improvement projects, even travel plans to see some of the historic places in person (although many of the sites featured are privately owned and not open to the public). It may also fire the imaginations of youngsters with an interest in architecture and historic preservation.

Proceeds from the sales of *Indiana Landmarks Rescued & Restored* support the work of Indiana Landmarks, a 60-year-old nonprofit organization, to save and revitalize more historic Hoosier places.



Oasis Diner before: Jim Grey



Oasis Diner after: Lee Lewellen

### Marketing

- Direct mail to Indiana Landmarks' 6200 members and 2000 others
- Feature coverage in Indiana Preservation, bimonthly magazine (7200 circulation)
- Social media: Facebook 19,000; Instagram 10,500; Twitter 5200;
- Review mailings & media pitches to print (newspapers and magazines), online, & broadcast media statewide and regional & national preservation-related media.

### About the Editor

Tina Connor retired from Indiana Landmarks as Executive Vice President in 2018 after 42 years on staff. A graduate of Indiana University with a B.A. in English and an M.B.A., she managed marketing, publishing and promotion at Indiana Landmarks. She lives in the former Bachelor Officer Quarters, adapted into condos, at historic Fort Benjamin Harrison in Indianapolis.

### Nature

### April 2019

# Photographic Guide to the Birds of North America

### For Beginner Watchers to Intermediate Level Birders

#### Sam Crowe

A field guide designed for the beginner to intermediate level birder and those who want to feed and attract birds in their own backyard.

The Birdzilla.com field guide has been carefully designed for the beginner to intermediate level birder; and for those who want to feed and attract birds in their own backyard.

The guide includes descriptions, range maps and photographs for 650 bird species. Birds are placed in one of four habitat groups. Color bars on the top and bottom of the profiles aid in locating a particular species.

### About the Author

Sam Crowe is a life-long birder whose passion has taken him around the globe, including such birdie locations as Mexico, Costa Rica, Peru, Brazil, South Africa, Australia, New Zealand and New Guinea. Sam's experience includes 6 years at the world leading Cornell Lab of Ornithology, first as editor of the "All About Birds" web site and later as a marketing manager. Sam is founder and President of the Birdzilla.com family of web sites. He resides in McKinney, Texas.

#### NEW TO CPG

November 2019

## National Parks Conservation Association: A Century of Impact

Tom McCarthy, Whit Stiles • Foreword by Greg A. Vital, Chairman of the Board of Trustees, NPCA • Introduction by Theresa Pierno, President and CEO, NPCA

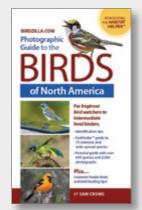
A Century of Impact celebrates the first 100 years of the National Parks Conservation Association, tracing its history and vision through stunning photography and tales of victory in a beautifully designed keepsake book.

From its founding by the same visionaries who established the National Park Service, the National Parks Conservation Association has been the independent, non-partisan protector of America's favorite places. *A Century of Impact* presents this admirable legacy through richly illustrated tales of an impassioned organization in action.

### About the Authors

Tom McCarthy is a Connecticut based, award-winning editor and writer whose books have won a Harvard University Book of the Year; a Sports Illustrated Top Book of the Year; and an Esquire magazine Five Best Reads selection. He is currently collaborating on a sequel to The New York Times best-selling "From Baghdad with Love."

Whit Stiles, Bachelor of Music, Belmont University, Nashville, Tennessee, 2005. He is the author of numerous Grandin Hood books, a national award-winning advertising copywriter, and a recording studio musician.



Marketing

- Birdzilla.com web sites: 20,000 visitors a month
- Newsletters and releases targeted to 50 senior organizations
- Review copies to industry influences and nature writers.
- Book signings at local Audubon groups and birding festivals.

#### **Birdzilla Press**

\$24.95 • 416 pgs • 5.5 x 8.5 ISBN-13: 9780578611402 • TP NATURE / Animals / Birds

Over 2000 Color Photos

Range maps, multiple indexes, appendix



#### Marketing

- Book reviews
- Radio interviews
- Social media campaigns including blog stories
- · Media relations
- Newsletter
- Advertising

National Parks Conservation Association

\$49.95 • 192 pgs • 11.5 x 11.5 ISBN-13: 9781733930406 • HC NATURE / Environmental Conservation & Protection

300+ Color Photos and National Park System map

### New To CPG



Les Giblin

\$5.99 • 48 pgs • 5.5 x 8.5 ISBN-13: 9780988727502 • TP SELF-HELP / Communication & Social Skills



### January 2013

## La Habilidad en el Trato Personal

#### Les Giblin

*Skill with People* is a timeless classic, now in Spanish, *La Habilidad en el Trato Personal*, has what you need to get on the fast track to success at home, work, and business. Communicate with impact. Influence with certainty. Listen with sensitivity. This book shows you how!

### About the Author

In his lifetime, Les Giblin had conducted more than 1,000 "Skill With People" seminars for hundreds of companies and associations. Les Giblin's, Skill With People has sold over 2,000,000 copies, while his other book, How to Have Confidence and Power in Dealing With People, has sold over 700,000 copies. He has authored three bestselling handbooks.

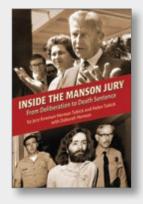
## September 2019 2020 Nautical Almanac

#### UK Hydrographic

2020 Nautical Almanac is the cornerstone for all celestial navigation, listing the celestial bodies used for navigation. It includes a sight reduction table, and other information valuable to the offshore navigator. The content of this edition is identical to the United States Naval Observatory edition. Paradise Cay Publications is the only entity in the United States other than the US Government legally authorized to publish the full contents of the Nautical Almanac.

#### Paradise Cay

\$29.95 • 348 pgs • 7 x 10 ISBN-13: 9781951116033 • TP ALMANACS / YEARBOOKS and ANNUALS /



MP • \$17.95 • 320 pgs • 6 x 9 ISBN-13: 9781944068868 • TP

### About the Author

The UK Hydrographic Office is a trading fund of the Ministry of Defence (MOD) of the United Kingdom based in Taunton, Somerset, England. Their market-leading portfolio of ADMIRALTY Maritime Data Solutions is found on more than 90% of the worlds ships trading internationally.

## June 2019 Inside the Manson Jury

### From Deliberation to Death Sentence

#### Jury Foreman Herman Tubick and Helen Tubick with Deborah Herman

This unique book combines a historic artifact written by the jury foreman shortly after the trial, with excerpts from the original transcript of what the jury never heard. A must have for any Manson aficionado, this book shows clearly Manson's desperate attempts to control the outcome, sacrificing his followers to protect his own life. The book is also a time capsule of what life was like for a jury sequestered for nine and one half months until the verdicts and sentences were rendered.

### About the Author

This book was discovered by the authors' daughter in 2017 as having been left to posterity. Jury Foreman and his wife are both deceased, but the book was given to true crime author lawyer/journalist and Manson expert Deborah Herman who became a named co-author. Deborah Herman lives in Stockbridge, MA

### Juvenile

### June 2020 All About Stephen Hawking Second Edition

### Chris Edwards · Illustrator: Amber Calderon

As an Oxford student, Stephen Hawking never expected that people across the world would know his name, or that his hobby of stargazing would lead him to be one of the world's greatest scientists. Stephen Hawking made cosmology, or the study of the universe, accessible to everyone. Hawking is best known for writing *A Brief History of Time*, which explained cosmology in non-scientific terms so that non-scientists could understand it.

He was diagnosed with amyotrophic lateral sclerosis at the age of twenty-one, but didn't let that stop him from receiving a graduate degree from Cambridge and going on to be an expert in the scientific origin of the universe and black holes. He was expected to die in 1965 at the age of twenty-three, but went on to live a full life, dying in 2018 at seventy-six years old.

The newly revise edition of All About Stephen Hawking includes information about Hawking's death, its effect on those around him, and his lasting scientific legacy. It is designed to interest middle-grade readers ages nine to fourteen in science, engineering, technology, and math. After all, we wouldn't be mathematically exploring black holes without him!

### About the Author

Chris Edwards, Ed. D., has had his scholarship and teaching methodology published in journals produced by both the National Council for History Education and the National Council for Social Studies. He is a frequent contributor on topics of law, logic, and theoretical physics to the science and philosophy journals *Skeptic* and *Free Inquiry*. He proudly teaches world history and Advanced Placement world history at a public high school in Indiana.

### February 2020 The Wonder of Words A Parent's Guide for Raising Children Who Read.

#### Dr. Curtis L. Ivery · Foreword by: Joshua A. Bassett

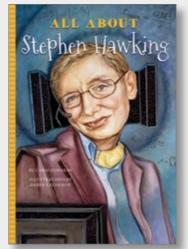
Dr. Ivery provides an insightful and eloquent analysis for making reading a part of the everyday life and culture of parents and children. The Wonder of Words is able to draw upon established models of literacy and explain them in ways that are accessible and directly applicable to the reality of children's lives — and to new ways of teaching that are transforming K-12 education. This book outlines practices to help guide parents and children on how to successfully incorporate reading with technology, something we increasingly face in the digital age.

Dr. Ivery focuses on key areas sure to inspire reading, improve educational outcomes, and nurture family relationships. He first focuses on the connections between reading and children's imaginations to open up new ways for kids to think about reading as an exciting activity they can share with each other.

### About the Author

Dr. Curtis L. Ivery has been Chancellor of the culturally diverse Wayne County Community College District in Detroit, Michigan since 1995. He is the author of several books and is a nationally recognized leader in education, urban affairs, and male parenting.

Through this latest book Dr. Ivery continues his quest to strengthen communities by rebuilding the family unit through shared activity and literacy.



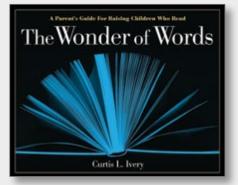
#### Marketing

- Press Release to cities all over the US
- Author events and signings
- · Television, radio, print, and online interviews
- Book reviews

#### Blue River Press

\$5.99 • 128 pgs • 5.31 x 7.63 ISBN-13: 9781681572086 • TP JUVENILE NONFICTION / Biography & Autobiography / Science & Technology

59 B&W Illustrations. Glossary, Index, World Timeline, Personal Timeline, Quotes



Marketing

- · Book reviews
- · Author events

Micro Publishing Media, Inc

\$14.95 • 88 pgs • 10 x 8 ISBN-13: 9781944068875 • HC FAMILY & RELATIONSHIPS / Activities / LANGUAGE ARTS & DISCIPLINES / Literacy / Reading Skills

88 Illustrations, Fully illustrated pages

## Featured Backlist | CPG



### Digestive Health with REAL Food, 2E (Updated & Expanded) A Bigger, Better, Practical Guide

to an Anti-inflammatory, Nutrient Dense Diet for IBS & Other

Digestive Issues

Aglaée Jacob, M.S., R.D. - Illustrator: Olivia Sheehan

The gut health bible. Learn everything you need to know about troubleshooting digestive issues, stress management, eating out, and travel strategies. This updated & expanded second edition also includes over 50 recipes, meal and snack ideas, helpful charts, food lists and weekly meal plans, and a wealth of new information to get you started on the path to better digestion!

PM • \$39.95 • 396 pgs • 8.5 x 11 • ISBN-13: 9780988717275 • HC



### The Dark Cabin Murders

Frank L. Gertcher

"An imaginative morality tale about free will, crime, punishment, and the possibility of redemption."

Kirkus Reviews

WG • \$29.95 • 318 pgs • 6 x 9 ISBN-13: 9780983575429 • HC



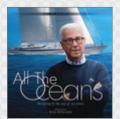
### The River Rat Murders

#### Frank L. Gertcher

"Surprisingly and pleasantly lighthearted for a tale involving prostitution, bootlegging, and murder."

— Kirkus Reviews

WG • \$29.95 • 320 pgs • 6 x 9 ISBN-13: 9780983575443 • HC



### All the Oceans Designing by the Seat of My

Pants Ron Holland • Foreword: Rupert Murdoch The memoir of Ron Holland reveals how a combination of talent and zest for adventure attracted fascinating clients who shared his same

fearlessness when charting unknown territory making this a compelling saga and an engaging tale of success in a new frontier of Super Yacht design.

RH • \$45.00 • 396 pgs • 8.5 x 9 • 9781775096801 • HC

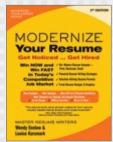


### Key West & the Lower Keys Travel Guide, 2E

Karuna Eberl & Steve Alberts

- Winner Best Travel Book American Book Fest
- Finalist Best Interior Graphic Design
- Winner Excellence in Craft, Florida Outdoor Writers
   Association

A guide by locals set to the spirit of the Keys. QT • \$19.95 • 288 pgs • 5 x 8 • 9780998858906 • TP



### Modernize Your Resume, 2E

Get Noticed...Get Hired

Wendy Enelow & Louise Kursmark (Credentialed Master Resume Writers)

Based on real-world trends and filled with 100 expert samples, this book demonstrates how to craft winning resumes for today's technology-

driven job market. Showcases 18 principles for writing tight, attractive, laser-focused resumes that resonate with hiring managers and rise to the top when electronically scanned. New chapters for return-to-work, career change, and military-to-civilian transition.

EE • \$18.95 • 240 pgs • 8.5 x 11 • 9780996680325 • TP

and the second sec
Search Letters
Win NOW and Construction Win FADT Construction
In Today's / Set Scient Competitive / a feasitive Job Market / procedures
MARTINE REPLACE WATERS Weight Research Carlie Research

### Modernize Your Job Search Letters

Wendy Enelow & Louise Kursmark (Credentialed Master Resume Writers)

100+ samples and expert guidance for writing all of the letters you'll need in your job search: cover letters, e-notes, recruiter letters, networking letters, referral letters, job proposal letters, thankyou letters, and more. You'll also find letters for

unique job search challenges - career change, military transition, return to work, and multiple jobs. Special section on letter formats, structures, and designs.

EE • \$18.95 • 192 pgs • 8.5 x 11 • 9780996680332 • TP



### Expert Resumes & Linked In Profiles for Managers & Executives, 4E

Wendy Enelow & Louise Kursmark (Credentialed Master Resume Writers)

This book is written specifically to address the nuances of writing resumes and LinkedIn profiles for senior-level job search candidates. By following the writing strategies and actions demonstrated in the 100+ samples in this book, senior-level job seekers will become confident in communicating their brands, marketing their expertise, and moving their careers forward.

EE • \$ 18.95 • 278 pgs • 8.5 x 11 • 9780996680363 • TP



### Anatomy of Hatha Yoga

A Manual for Students, Teachers, and Practitioners

H. David Coutler

The most comprehensive work available correlating the study of hatha yoga with anatomy. It's a must have for anyone serious about studying or teaching yoga. Revised and updated with full color illustrations and photos.

AY • \$29.95 • 622 pgs • 5.5 x 8 • ISBN-13: 9780970700612 • TP



### Quick Guide to Choosing Your College Major

Laurence Shatkin, PhD

This easy-to-use guide moves from self-assessment to information to decision making. Using the results of these exercises, readers construct a "hot list" of the college majors that seem to suit them the most, plus any others that look interesting.

"Dr. Shatkin, scholar and author, is a heavyweight in the career information field."

—Joyce Lain Kennedy, nationally syndicated career columnist

ZM • \$12.95 • 280 pgs • 6 x 9 • ISBN-13: 9781782551638 • TP

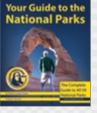


### Brighten Our Inner Skies Yin and Yoga

Norman Blair • Foreword: Sarah Powers Beautifully written and designed, Brightening Our Inner Skies: Yin and Yoga practically and provocatively explores yoga, self-transformation, and social responsibility. This book takes the practice of yoga and self to profound levels through stories,

images and well-researched debates

MI • \$22.95 • 240 pgs • 8.86 x 8.86 • ISBN-13: 9780995547001 • TP



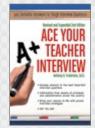
### Your Guide to the National Parks: The Complete Guide to All 59 National Parks, 2E

Michael Joseph Oswald

This award-winning guide includes more than 450 new photographs, 160 revised maps, and 50 hiking tables, making it the only guidebook you'll need to explore the United States National Parks.

Step-by-step itineraries, kid-friendly activities, and most popular ranger programs are at your fingertips.

SR • \$25.00 • 712 pgs • 7.5 x 9 • ISBN-13: 9781621280675 • TP



### Ace Your Teacher Interview

149 Fantastic Answers to Tough Interview Questions Revised and Expanded, 2E

Anthony D. Fredericks, Ed.D.

This book provides you with inside information on preparing for interviews, various interview formats, and handling tricky questions. Discover inside

information on what makes you stand out as a candidate. In a witty and informative manner, Fredericks generously shares the time-tested strategies that will get you hired.

BD • \$12.99 • 282 pgs • 6 x 9 • ISBN-13: 9781681570044 • TP



### Sasquatch Field Guide (Folding Pocket Guide)

Jeff Meldrum

This guide will aid in distinguishing the telltale signs of Sasquatch from those of common wildlife. It will instruct in the proper identification, documentation, collection, and preservation of evidence—and who to contact to report evidence of a Sasquatch encounter.

PC • \$7.95 • 10 pgs • 4.3 x 10 • ISBN-13: 9781937196950



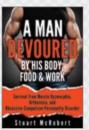
### Ace Your First Year Teaching How to Be an Effective and Successful Teacher

Anthony D. Fredericks, Ed.D.

New teachers don't want to just survive their first year, they want to thrive! In this captivating and easy-to-use

book, renowned author and teacher Anthony D. Fredericks, Ed.D, offers practical insights, dynamic teaching techniques, and actual advice from principals, superintendents, and teachers around the country.

BD • \$14.99 • 366 pgs • 6 x 9 • ISBN-13: 9781681570457 • TP



### A Man Devoured by His Body, Food & Work Survival from Muscle Dysmorphia, Orthorexia, and Obsessive-Complusive Personality Disorder Stuart McRobert

For 40-plus years Stuart battled with all the major symptoms of three psychological disorders: muscle dysmorphia, orthorexia, and obsessive-compulsive personality disorder (OCPD). The consequences were suffocating, and drove him to consider suicide. With painstaking honesty, this book explains how Stuart survived and then thrived. His journey may resonate with you and inspire your self-inquiry that produces your own success story. CS • \$19.95 • 224 pgs • 6 x 9 • ISBN-13: 9789963616176 • TP

### Accessories

### High Quality Feather Pens

Coco AA • \$34.99 • 0735850576701

### High Quality Feather Pens

Skye AA • \$34.99 • 0735850576718

Art

### Calligraphy as Art and Meditation

A New Approach Gina Jonas CA•\$34.95•272 pgs•9.5 x 11.5•ISBN-13: 9780998767307

### Homage To The Creative Spirit

The Paintings Of Jenness Cortez Karen Pope, Ph.D. Al • \$40.00 • 128 pgs • 10x11 • ISBN-13: 9780975375242 • HC

### Baseball See also Biography and Regional

#### 50 Greatest Dodgers Players in History Robert W. Cohen

This book takes readers on a journey of discovery to the great and not so great moments in the history of one of baseball's most successful franchises. Covering both the well-known and little known events.

BD • \$24.95 • 416 pgs • 6 x 9 ISBN-13: 9781681570570 • HC

### 50 Greatest Cubs Players in History

Robert W. Cohen BD • \$24.95 • 400 pgs • 6 x 9 • ISBN-13: 9781681570556 • HC

## The 50 Greatest Pirates Every Fan Should Know Lew Freedman

BD • \$14.95 • 224 pgs • 5.5 x 8.5 • ISBN-13: 9781935628330 • TP

### The 50 Greatest Players in Indians History

Robert W. Cohen BD • \$24.95 • 408 • 6 x 9 • ISBN-13: 9781681570785 • HC

### The 50 Greatest Tigers Every Fan Should Know

Lew Freedman BD • \$17.95 • 224 pgs • 5.5 x 8.5 • ISBN-13: 9781935628347 • TP

### Astro Legends

Pivotal Moments, Players, and Personalities Greg Lucas BD • \$14.99 • 263 pgs • 5.5 x 8.5 • ISBN-13: 9781681571348 • TP

### Bronx Bombers

Lew Freedman BD • \$12.95 • 192 pgs • 5.5 x 8.5 • ISBN-13: 9781935628521 • TP

### Diamonds from the Dugout

115 Baseball Legends Remember Their Greatest Hits

Mark Newman • Foreword by Brooks Robinson BD • \$24.95 • 256 pgs • 6 x 9 • ISBN-13: 9781681570679 • HC

### Extra Innings

My Life in Baseball Max Schumacher and Mark Montieth BD • \$19.99 • 304 pgs • 6 x 9 • ISBN-13: 9781681571461 • TP

### Houston to Cooperstown

The Houston Astro's Biggio and Bagwell Years Greg Lucas • Foreword by Bill Brown BD • \$26.95 • 288 pgs • 6 x 9 • ISBN-13: 9781681570532 • HC

### Pitching Strategies Explained

A Parent's Guide Dan Russell SW • \$17.95 • 256 pgs • 7 x 10 • ISBN-13: 9781932549843 • TP

## NCAA Baseball Rules in Black and White 2019 – 2020

Jim Bettencourt BD • \$14.99 • 192 pgs • 6 x 9 • ISBN-13: 9781681571515 • TP

## NFHS Baseball Rules in Black and White 2019 – 2020

Jim Bettencourt BD • \$14.99 • 192 pgs • 6 x 9 • ISBN-13: 9781681571522 • TP

### Red Sox Legends

Pivotal Moments, Players, and Personalities Lew Freedman BD • \$14.99 • 304 pgs • 5.5 x 8.5 • ISBN-13: 9781681571355 • TP

### The Ultimate Unofficial Chicago Cubs Puzzles

Dale Ratermann SJ • \$12.00 • 160 pgs • 6 x 9 • ISBN-13: 9780982879207 • TP

## Unofficial Dodgers Trivia, Puzzles & History Dale Ratermann

BD • \$12.00 • 160 pgs • 6 x 9 • ISBN-13: 9781935628057 • TP

### Yankee Legends

Pivotal Moments, Players, and Personalities Mark Newman

BD • \$14.99 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9781681571317 • TP

### Basketball See also Biography and Regional

### Dr. Jack on Winning Basketball

Dr. Jack Ramsay and Neal Vahle BD • \$22.00 • 256 pgs • 6 x 9 • ISBN-13: 9781935628019 • HC

### Following the General

Why Three Coaches Have Been Unable to Return Indiana Basketball to Greatness Terry Hutchens TH • \$18.00 • 320 pgs • 6 x 9 • ISBN-13: 9780997396522 • TP

## Basketball / Biography

### Hoosiers Through and Through

Terry Hutchens BD • \$24.95 • 256 pgs • 6 x 9 • ISBN-13: 9781935628385 • HC

### I Love IU : I Hate Purdue

Joe Drozda BD • Love : Hate Sports Series \$14.99 • 288 pgs • 5.5 x 8.5 • ISBN-13: 9781681571942 • TP

### Over Time

Coach Katte on Basketball and Life Dick Katte & Mark Wolf BD • \$22.95 • 256 pgs • 6 x 9 • ISBN-13: 9781935628422 • HC

### Reborn

The Pacers and the Return of Pro Basketball to Indianapolis Mark Montieth HC • \$24.95 • 320 pgs • 6 x 9 • ISBN-13: 9780998729800 • HC

### **Rising From The Ashes**

The Return Of Indiana University Basketball Terry Hutchens BD • \$24.95 • 336 pgs • 6 x 9 • ISBN-13: 9781935628194 • HC

### So You Think You Know Indiana University Basketball

Terry Hutchens TH • \$14.00 • 256 pgs • 6 x 9 • ISBN-13: 9781935628545 • TP

Tarnished Heels Unethical Actions and Deliberate Deceit at the University of North Carolina Rob J. Anderson SM • \$18.95 • 365 pgs • 5.5 x 8.5 • ISBN-13: 9781939521224 • TP

### We Lived the Game

Indiana Women's Basketball Dick Denny BD • \$18.95 • 288 pgs • 6 x 9 • ISBN-13: 9781935628071 • TP

### We On

An Inside Look at Michigan's Final Four Run Josh Bartelstein PZ • \$19.95 • 160 pgs • 7 x 10 • ISBN-13: 9781619849914 • TP

### Biography

### Against the Tide

The Turbulent Times of a Black Entrepreneur J.H. Sullivan SM • \$14.95 • 232 pgs • 6 x 9 • ISBN-13: 9781939521569 • TP



### All the Oceans

Designing by the Seat of My Pants Ron Holland • Foreword by Rupert Murdoch The memoir of Ron Holland reveals how a combination of talent and zest for adventure attracted fascinating clients who shared his same fearlessness when charting unknown territory

making this a compelling saga and an engaging tale of success in a new frontier of Super Yacht design.

RH • \$45.00 • 264 pgs • 8.5 x 9 • ISBN-13: 9781775096801 • HC

### Betty White: The First 90 Years

Andrew E. Stoner BD • \$9.95 • 200 pgs • 6 x 9 • ISBN-13: 9781935628231 • TP

Blind But Now I See, 2E

Kent Gustavson BT • \$16.95 • 368 pgs • 6 x 9 • ISBN-13:9781937753009 • TP

### Catherine Schuyler

A Woman of the Revolution Mary Gay Humphreys HV • \$18.95 • 262 pgs • 4.5 x 7 • ISBN-13: 9781948697101 • TP

### Clearing Hurdles

Dan O'Brien with Brad Botkin BD • \$22.95 • 312 pgs • 6 x 9 • ISBN-13: 9781935628088 • HC

### Dr. Robert Rey

The True Story of Dr. 90210 Robert Rey • Foreword by Larry King SV • \$30.00 • 216 pgs • 6.3 x 9.2 • ISBN-13: 9788586307683 • TP

### The Great Metropolis

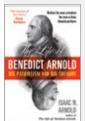
A Mirror of New York Junius Henri Browne HV • \$22.95 • 700 pgs • 5.5 x 8.5 • ISBN-13: 9781948697095 • TP

### The Least Likely to Succeed

Jack Clifford, Creator of the Food Network Jack Clifford • Foreword by Robin Leach JC • \$24.95 • 256 pgs • 6 x 9 • ISBN-13: 9780996324755 • HC

### Leaving Lila

William Baker GX • \$14.95 • 304 pgs • 6 x 9 • ISBN-13: 9781940018607 • TP



### The Life of Benedict Arnold His Patriotism and His Treason

Isaac N. Arnold With dozens of excerpts from the actual letters and memorandum of George Washington, Benedict Arnold, Peggy Shippen, and many others, Isaac Arnold leads us up to that moment when Benedict Arnold made his fateful decision--one which he truly believed would end the ongoing bloodshed of his fellow Americans.

HV • \$19.95 • 450 pgs • 5.5 x 8.5 • ISBN-13: 9781948697057 • TP

## Biography / Business / Careers

### Little General Gene Mauch

A Baseball Life Mel Proctor BD • \$22.95 • 320 pgs • 6 x 9 • ISBN-13: 9781935628538 • HC

### The Medal Maker

A Biography of Victor Kovalenko Roger Vaughan • Foreword: John Bertrand AC • \$35.00 • 294 pgs • 5.50 x 10 • ISBN-13: 9783952217429 • HC

### My Autobiography

Memoirs of a Literary Titan S.S. McClure with Willa Cather HV • \$17.95 • 268 pgs • 4.75 x 7 • ISBN-13: 9781948697026 • TP

### Never Arrested, Never Convicted

Marvin Clark with Carl Senna SM • \$18.95 • 280 pgs • 5.5 x 8.5 • ISBN-13: 9781939521217 • TP

### Prisoner of Dreams

Rick Talley SM • \$24.95 • 280 pgs • 5.5 x 8.5 • ISBN-13: 9781939521026 • TP

### Resilience

One Family's Story of Hope and Triumph over Evil Judy Stone, MD MD • \$17.95 • 392 pgs • 6 x 9 • ISBN-13: 9780974917825 • TP

### The Story of Basketball Great Clyde Lovellette

Clyde Lovellette with Lew Freedman BD • \$24.95 • 244 pgs • 6 x 9 • ISBN-13: 9781935628507 • HC

### Summer Wind

A Soldier's Road from Indiana to Vietnam Randy and Roxanne Mills • Foreword by: Gary E. May BD • \$16.99 • 288 pgs • 5.5 x 8.5 • ISBN-13: 9781681570693 • TP

### Bodybuilding

### Beyond Brawn, 3E



Stuart McRobert

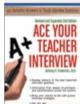
This guide is not just for novices who are starting. It can save you years of wasted toil regardless of your level of training experience. It will propel you into the detailed, practical know-how, and turn you into an expertly informed bodybuilder or strength trainee.

CS • \$24.95 • 512 pgs • 6 x 9 ISBN-13: 9789963916382 • TP

### Stuart McRobert's New Brawn Series

Stuart McRobert CS • \$18.95 • 216 pgs • 8.5 x 11 • ISBN-13: 9789963999125 • TP

### Business / Careers



#### Ace Your Teacher Interview, 2E Anthony D. Frederick, Ed.D.

Dr. Anthony D. Fredericks has participated in numerous interviews from both sides of the desk. He has assembled the wisdom and experience of scores of seasoned educators. This all-in-one sourcebook of teacher interview questions offers insights on what you need to succeed in a very competitive job market.

BD • \$12.99 • 288 pgs • 6 x 9 • ISBN-13: 9781681570044 • TP

### Ace Your Teacher Resume (and Cover Letter) Anthony D. Fredericks, Ed.D.

BD • \$12.99 • 256 pgs • 6 x 9 • ISBN-13: 9781681570204 • TP

The Art of Dealing with People Les Giblin LG • \$5.99 • 48 pgs • 5.5 x 8.5 • ISBN-13: 9780961641634 • TP

### Core Selling Skills

Les Giblin LG • \$9.99 • 112 pgs • 5.5 x 8.5 • ISBN-13: 9780988727540 • TP

### Creating Competitive Advantage

Jaynie L. Smith with William G. Flanagan SA • \$29.95 • Audio – 5 CD Set • 5.9 x 5 x 1.9 • ISBN-13: 9780692008287

### Creating Your First Resume

Kathryn Troutman with Rachel Blazucki KT • \$8.95 • 65 pgs • 8.5 x 11 • ISBN-13: 9780986142109

### Expert Resumes & Linked In Profiles for Managers & Executives, 4E

EE • \$ 18.95 • 278 pgs • 8.5 x 11 • 9780996680363 • TP

#### Growing a Startup in the Digital Age Howard Tullman

PZ • \$14.95 • 192 pgs • 6 x 9 • ISBN-13: 9781619849815 • TP

### Heavy Hitter I.T. Sales Strategy Steve W. Martin

TP • \$24.95 • 272 pgs • 6 x 9 • ISBN-13: 9780979796166 • HC

### Heavy Hitter Sales Linguistics

Steve W. Martin TP • \$24.95 • 304 pgs • 6 x 9 • ISBN-13: 9780979796142 • HC

## How to Have Confidence and Power in Dealing with People

Les Giblin

LG • \$14.99 • 204 pgs • 6 x 9 • ISBN-13: 9780988727533 • TP

### Insights for the Journey

John Lucht RC • \$19.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780942785319 • HC

### An Introductory Guide To Business

John Mann EM • \$28.95 • 110 pgs • 7.8 x 10.2 • ISBN-13: 9781903348222 • TP

### Business / Careers / Cooking

### Jobseeker's Guide, 8E

Kathryn Troutman KT • \$18.95 • 172 pgs • 8.5 x 11 • ISBN-13: 9780986142161 • TP

#### Launching A Startup in the Digital Age Howard A. Tullman

PZ • \$14.95 • 192 pgs • 6 x 9 • ISBN-13: 9781619849846 • TP

### Managing A Startup in the Digital Age

Howard A. Tullman PZ • \$16.95 • 192 pgs • 6 x 9 • ISBN-13: 9781619849778 • TP

#### Modernize Your Resume

Wendy Enelow and Louise Kursmark EE • \$18.95 • 224 pgs • 8.5 x 11 • ISBN-13: 978096680301 • TP

### Never Drink a Chinese Woman Under the Table

Jim Fox and Richard Bradspies SM • \$18.95 • 250 pgs • 5.5 x 8.5 • ISBN-13: 9781939521255 • TP

#### The New SES Application, 2E

Writing the Traditional ECQs and the New Five-Page Senior Executive Service Kathryn Troutman & Diane Hudson KT • \$21.95 • 160 pgs • 8.5 x 11 • ISBN-13: 9780984667154 • TP

### Relevant Selling

Jaynie L. Smith SA • \$19.95 • 272 pgs • 5 x 7.1 • ISBN-13: 9780615564036 • HC SA • \$29.95 • ISBN-13: 9780692204924 • CD

### Rites of Passage at \$100,000 to \$1,000,000

John Lucht RC • \$27.95 • 608 pgs • 6 x 9 • ISBN-13: 9780942785333 • TP

#### Sales Strategy Playbook

The Ultimate Reference Guide to Solve Your Toughest Sales Challenges Steve W. Martin TP • \$64.95 • 528 pgs • 7 x 10 • ISBN-13: 9780999812945 • TP

#### Skill with People

Les Giblin LG • \$5.99 • 44 pgs • 5.5 x 8.5 • ISBN-13: 9780961641603 • TP

## The Stars are Lined Up for Military Spouses for Federal Careers, 2E

Federal Jobs for USAJOBS Kathryn K. Troutman • Illustrator Paulina Chen KT • \$14.95 • 144 pgs • 8.5 x 11 • ISBN-13: 9781733777902 • TP

### Super Job Search IV

Peter K. Studner JL • \$26.95 • 456 pgs • 8.38 x 10.88 • ISBN-13: 9780938667063 • TP

### Ten Steps to a Federal Job, 3E

Kathryn Troutman KT • \$18.95 • 172 pgs • 8.5 x 11 • ISBN-13: 9780982419069 • TP eBook ISBN: 9780984667116

### Values, Ethics & Failure in the Digital Age

Howard A. Tullman PZ • \$16.95 • 192 pgs • 6 x 9 • ISBN-13: 9781619849716 • TP

### You Can't Win A Race

With Your Mouth And 250 Other Expert Tips From A Lifelong Entrepreneur Howard A. Tullman PZ • \$34.95 • 496 pgs • 8.5 x 11 • ISBN-13: 9781642373257 • TP

### Boxing

### Fighting For Life

The Story of Jake LaMotta Lew Freedman BD • \$16.99 • 256 pgs • 5.5 x 8.5 • ISBN: 9781681570228 • TP

### Cooking /Spirits

### Behind the Half Door

Stories of food and folk Kady O Connell, Brighid 'Biddy' McLaughlin Introduction by Colin Fassnidge • Illustrator Kady O Connell KC • \$29.00 • 276 pgs • 8.5 x 11 • ISBN-13: 9780648167303 • HC

### Bourbon Whiskey, 3E

Bernie Lubbers BD • \$16.99 • 288 pgs • 6 x 9 • ISBN-13: 9781681570037 • TP

### Camp Oven Cooking DVD

Francis William Thompson AF • \$19.95 • ISBN-13: 9783000020988 • 30-minute DVD

### Campground Cookery

Brenda K. Kulibert PC • \$11.95 • 200 pgs • 6.1 x 8.9 • ISBN-13: 9780939837748 • TP

#### Cast Iron Cuisine

From Breakfast to Dessert Matt & Linda Morehouse PC • \$12.95 • 176 pgs • 5.9 x 8.9 • ISBN-13: 9780939837847 • TP

#### Catch'em and Cook'em with Tommo

Francis William Thompson AF • \$12.99 • 72 pgs • 7.5x10.25 • ISBN-13: 9781865130958 • TP

### Digestive Health with Real Food

The Cookbook Aglaee Jacob M.S., R.D. PM • \$24.95 • 186 pgs • 8.5 x 11 • ISBN-13: 9780988717237 • TP

#### Foil Cookery

Cooking Without Pots and Pans Lori Herod PL • \$9.95 • 120 pgs • 6.2 x 8.8 • ISBN-13: 9780939837779 • TP

### Laura Theodore's Vegan-Ease

An Easy Guide to Enjoying a Plant-Based Diet VJ • \$26.95 • 264 pgs • 7 x 10 • ISBN-13: 9780996547505 • HC

#### Living Luxe Gluten Free Michelle Lee

SS • \$30.00 • 256 pgs • 8.5 x 8.5 • ISBN-13: 9780990881704 • TP

## Cooking / Fiction

### Paleo Magazine Readers' Favorites Cookbook

Paleo Magazine PM • \$19.95 • 186 pgs • 8.5 x 11 • ISBN-13: 9780988717220 • TP

### Sweets in the Raw

Naturally Healthy Desserts Laura Marquist ND • \$30.00 • 136 pgs • 8.5 x 8.5 • ISBN-13: 9780997104806 • HC

### Truly Cultured

Nancy Lee Bentley TC • \$25.95 • 288 pgs • 8.5 x 10 • ISBN-13: 9780979883026 • TP

### DVD Documentary

### Tom Wolfe Gets Back To Blood Oscar Corral

AT • \$19.99 • 57 minutes • 5.5 x 7.5 • ISBN-13: 9780988213104 • DVD

### Education



Ace Your First Year Teaching How to Be an Effective and Successful

Teacher Anthony D. Fredericks, Ed.D.

New teachers don't want to just survive their first year, they want to thrive! In this captivating and easy-touse book, renowned author and teacher Anthony D. Fredericks, Ed.D, offers practical insights, dynamic

teaching techniques, and actual advice from principals, superintendents, and teachers around the country.

BD • \$14.99 • 366 pgs • 6 x 9 • ISBN-13: 9781681570457 • TP

## The Adjunct Professor's Complete Guide to Teaching College

How to be an Effective and Successful Instructor Anthony Fredericks, EdD BD • \$18.99 • 6 x 9 • 320 pgs • ISBN-13: 9781681571331 • TP

The English Teacher's Guide to China Aaron Fox-Lerner and David Bulger PG • \$19.99 • 200 pgs • 5.16 x 7.72 • ISBN-13: 9780992026882 • HC

### Entropy Academy

Alison Bernhoft PR • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9781943370016 • TP

### CELECK CLEBE TO CELECK SCIENCE COLLEGE MAJOR

### Quick Guide to Choosing Your College Major

Laurence Shatkin, PhD

This easy-to-use guide moves from self-assessment to information to decision making. The decision-making process begins with an explanation of what a college major is and what should be considered when making a decision. With this book, you will be able to determine

your future path fast.

ZM • \$12.95 • 280 pgs • 6 x 9 • ISBN-13: 9781782551638 • TP

### Fiction

### The Alchemists of Loom

#### Elise Kova

SW • \$18.99 • 352 pgs • 5.5 x 8.5 • ISBN-13: 9781619844414 • HC SW • \$18.99 • 352 pgs • 5.5 x 8.5 • ISBN-13: 9781619844438 • TP

### Bedlam at the Brickyard

Edited by Brenda Robertson Stewart and Wanda Lou Willis BD • \$14.95 • 240 pgs • 6 x 9 • ISBN-13: 9780981928999 • TP

### Bleak Midwinter: A Mary Christmas Mystery

R.L. Perry BD • \$12.00 • 196 pgs • 6 x 9 • ISBN-13: 9781681570273 • TP

### Bullet in the Chamber

John DeDakis SM • \$18.95 • 422 pgs • 6 x 9 • ISBN-13: 9781939521637 • TP

### The Chosen Ones

Lisa Luciano MP • \$16.95 • 344 pgs • 6 x 9 • ISBN-13: 9781944068370 • TP

### Cold Snap: A Mary Christmas Mystery

R.L. Perry BD • \$12.00 • 198 pgs • 5.5 x 8.5 • ISBN-13: 9781681570617 • TP

### The Dark Cabin Murders

Frank L. Gertcher WG • \$29.95 • 318 pgs • 6 x 9 • ISBN-13: 9780983575429 • HC

### The Dragons of Nova

Elise Kova SW • \$24.99 • 488 pgs • 5.5 x 8.5 • ISBN-13: 9781619845534 • HC

### FAKE

John DeDakis SM• Lark Chadwick Mystery-Suspense Series \$18.95 • 350 pgs • 6 x 9 • ISBN-13: 9781939521767 • TP

### The Fine Art of Murder

Edited by Diana Catt and Brenda Stewart BD • \$12.99 • 256 pgs • 6 x 9 • ISBN-13: 9781681570235 • TP

### The Dragons of Nova

Elise Kova SW • \$12.99 • 536 pgs • 5 x 8 • ISBN-13: 9781642370386 • TP

### Fire in the Water



Paddy Quinn, the boy who ate rattlesnakes, and lost a hand to a cannon blast during the Mexican War, returns as a famous Civil War correspondent and battlefield sketch artist in James Alexander Thom's novel. The central action in this novel is the tragic explosion and burning of the paddlewheel steamboat SULTANA

BD • \$25.95 • 376 pgs • 6 x 9 • ISBN-13: 9781935628569 • HC BD • \$16.99 • 376 pgs • 6 x 9 • ISBN-13: 9781681570280 • TP

## Fiction / Fishing

### A Golden Bond

Elaine Jannetides BD • \$24.95 • 376 pgs • 6 x 9 • ISBN-13: 9781935628576 • HC BD • \$14.99 • 224 pgs • 6 x 9 • ISBN-13: 9781681570297 • TP

### The Gospel According to Prissy

Barbara Casey SM • \$18.95 • 260 pgs • 5.5 x 8.5 • ISBN-13: 9780985244026 • TP

### Hoosier Hoops and Hijinks

Edited by Brenda Robertson Stewart and Tony Perona BD • \$14.95 • 296 pgs • 6 x 9 • ISBN-13: 9781935628293 • TP

### Homicide for the Holidays

Editors Diana Catt, Marianne Halbert BD • \$19.99 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9781681571294 • HC

### Juan Caraveo

James Hinton FP • \$16.00 • 288 pgs • 6 x 9 • ISBN-13: 9780972388511 • TP FP • \$25.00 • 266 pgs • 6 x 7.5 • ISBN-13: 9780972388504 • HC

### Kidnapped In Gaza

David Aikman SM • \$19.95 • 270 pgs • 6 x 9 • ISBN-13: 9781467526616 • TP

### Dos Angeles: A Paco Moran Mystery

Michael O'Hara SM • \$18.95 • 280 pgs • 6 x 9 • ISBN-13: 9781939521507 • TP

### Racing Can Be Murder

Edited by Brenda Robertson Stewart and Tony Perona BD • \$12.95 • 296 pgs • 6 x 9 • ISBN-13: 9780976336198 • TP

### The Rebels of Gold

Elise Kova • Illustrator: Nicholas D. Grey SW • \$23.99 • 500 pgs • 5.5 x 8.5 • ISBN-13: 9781619846531 • HC

### The River Rat Murders

Frank L. Gertcher WG • \$29.95 • 320 pgs • 6 x 9 • ISBN-13: 9780983575443 • HC

### Slay Bells: A Mary Christmas Mystery

R.L. Perry BD • \$12.00 • 216 pgs • 5.5 x 8.5 • ISBN-13: 9781681570181 • TP

### St. Patrick's Battalion

James Alexander Thom BD • \$14.95 • 304 pgs • 6 x 9 • ISBN-13: 9780979924071 • TP

### Tell on You

Freda Hansburg MP • \$16.95 •350 pgs • 6 x 9 • ISBN-13: 9781944068325 • TP

#### Thaddeus of Beewicke

Louis Sauvain MP • College of Sorcerers Series Volume 1 \$18.95 • 480 pgs • 6 x 9 • ISBN-13: 9781944068844 • TP

### Troubled Water

John DeDakis SM • \$18.95 • 260 pgs • 5.5 x 8.5 • ISBN-13: 9781939521071 • TP

### Fishing

### Catch Trout!

Dick Sternberg SH • \$14.95 • 160 pgs • 8.5 x 11 • ISBN-13: 9781581593648 • TP

#### Complete Book of Fishing Knots and Rigs Geoff Wilson

AF • \$12.95 • 96 pgs • 8.5 x 11 • ISBN-13: 9781865132068 • TP

#### Complete Book of Fishing Systems Geoff Wilson

AF • \$9.95 • 56 pgs • 8.27 x 11.69 • ISBN-13: 9781865131856 • TP

### Encyclopedia of Fishing Knots and Rigs

Geoff Wilson AF • \$12.95 • 88 pgs • 7 x 10 • ISBN-13:9781865131603 • TP

### Finding Trout

Tony Ritchie AF • \$19.95 • 90 pgs • 7.75 x 10.5 • ISBN-13: 9781865130644 • HC

### Fishing Techniques: Salt and Freshwater

Steve Cooper AF • \$19.99 • 134 pgs • 9.5 x 12 • ISBN-13: 9781865131061 • TP

### Freshwater Trolling

Bill Presslor AF • \$19.95 • 104 pgs • 7.5 x 10.25 • ISBN-13: 9781865130682 • TP

### Geoff Wilson's Fishing Knots & Rigs w/DVD

Geoff Wilson AF • \$19.95 • 65 pgs • DVD Running Time: 144 minutes • 8.75 x 11.25 ISBN-13: 9781865131849 • HC

### Geoff Wilson's Guide to Rigging Braid, Dacron

and Gelspun Lines Geoff Wilson

AF • \$9.99 • 56 pgs • 7.5 x 10.25 • ISBN-13: 9781865130996 • TP

### How to Use Depth-Sounders and GPS

Fred Studden AF • \$14.95 • 80 pgs • 7.5 x 10.25 • ISBN-13: 9781865131528 • TP

#### Let's Start Fishing

Andy Hahn and Bill Classon AF • \$16.99 • 72 pgs • 8.5 x 11 • ISBN-13: 9781865131153 • HC

### Lure Encyclopedia

Frank Prokop AF • \$19.95 • 96 pgs • 7.75 x 10.5 • ISBN-13: 9781865130767 • HC

### Rig it Right Essentials: Bass

Chad Foster AF • \$4.95 • 48 pgs • 6.3 x 4.3 • ISBN-13: 9781865133027 • TP

### Rig it Right Essentials: Freshwater Fish

Trevor Hawkins AF • \$4.95 • 48 pgs • 6.3 x 4.3 • ISBN-13: 9781865133010 • TP

## Fishing / Fitness

### Rig it Right Essentials: West Coast Fish

Trevor Hawkinds AF • \$4.95 • 48 pgs • 6.3 x 4.3 • ISBN-13: 9781865133003 • TP

Rod Harrison's Braid And Gelspun Superlines Rod Harrison

AF • \$22.95 • 104 pgs • 7.5x10.5 • ISBN-13: 9781865132075 • TP

### Saltwater Gamefishes of the World

Bob Dunn & Peter Goadby AF • \$49.95 • 304 pgs • 10 x 13 • ISBN-13: 9781865130101 • HC AF • \$99.00 • 304 pgs • 10 x 13 • ISBN-13: 9781865130095 • LB

### Trout Fishing Tactics

Freshwater Fishing Magazine Staff AF • \$19.99 • 96 pgs • 8.5 x 11 • ISBN-13: 9781865130804 • HC

### USA Freshwater Fish Guide

Chad Foster • Illustrator: Trevor Hawkins AF • \$14.95 • 98 pgs • 6 x 9 • ISBN-13: 9781865133188 • TP

### Waterproof Book Of Basic Fishing Knots, Rev Ed

Geoff Wilson

AF • \$5.95 • 36 pgs • 4 x 6 • ISBN-13: 9781865131801 • SS



### Waterproof Book of Essential Fishing Knots

Geoff Wilson You can take this book anywhere you go fishing. It fits in a tackle box, glove box, pocket - anywhere! The heavy, waterproof pages with spiral binding will stay open and flat for easy reading, even under adverse weather conditions.

AF • \$5.95 • 16 pgs • 4 x 6 • ISBN-13: 9781865131658 • Spiral Binding

### Fishing DVD

### Advanced Trout Trolling Tactics

Bill Presslor AF • \$19.99 • UPC: 9313000021571 • 90 minutes

Barra Tactics AF • \$19.95 • UPC: 9313000022509 • 60 minutes

Barra Tactics 2 AF • \$19.95 • UPC: 9313000022728 • 80 minutes

Boating Basics Rick Huckstepp AF • \$19.95 • ISBN-13: UPC: 9313000020734 • 45 minutes

### Geoff Wilson's Fishing Knots & Rigs V1

Geoff Wilson AF • \$19.95 • UPC: 9313000022431 • 75 minutes

### Geoff Wilson's Fishing Knots & Rigs V2

Geoff Wilson

### AF • \$19.95 • UPC: 9313000022448 • 70 minutes

### How to Use Lowrance Depth Sounders

Rick Huckstepp AF • \$19.95 • UPC: 9313000021311 • 75 minutes

### Knots and Rigs

Geoff Wilson AF • \$19.95 • UPC: 9313000020567 • 75 minutes

Strikezone: Billfishing AF • \$19.99 • UPC: 68976001670 • 117 minutes

Strikezone: Live Baiting AF • \$19.99 • UPC: 689076774840 • 117 minutes

Strikezone: Tuna Time AF • \$19.99 • UPC: 689076647458 • 80 minutes

Trout Tactics AF • \$19.95 • UPC: 9313000022714 • 75 minutes

Trout Trolling Tactics AF • \$19.99 • UPC: 9313000021755 • 48 minutes

Upper Murray Spinnerbaiting Tactics AF • \$19.95 • UPC: 9313000022424 • 55 minutes

### Fitness

## The Best Exercises You've Never Heard Of Nick Nilsson

SW • \$17.95 • 192 pgs • 7 x 10 • ISBN-13: 9781932549805 • TP

Build Muscle, Lose Fat, Look Great, 2E Stuart McRobert

CS • \$19.95 • 640 pgs • 6 x 9 • ISBN-13: 9789963999149 • TP

### Celebrity Body on Budget

Cornel Chin SW • \$14.95 • 224 pgs • 7 x 10 • ISBN-13: 9780972410281 • TP

### Dynamic Aging



Simple Exercises for Whole-Body Mobility Bowman, Allen, Wilgus, Faber and Woods Alongside Bowman's instructions are the stories, experiences, and advice of four women over seventyfive who've used these principles and exercises for years. Along the way they found recommended surgeries unnecessary, regained strength and mobility,

and ended up moving more than they did when they were a decade younger.

PR • \$12.95 • 272 pgs • 6 x 9 • ISBN-13: 9781943370115 • TP

### Hardcore Circuit Training for Men

James H. McHale and Chohwora Udu SW • \$17.95 • 192 pgs • 7 x 10 • ISBN-13: 9780972410267 • TP

#### Hardcore Kettlebell Training for Men James H. McHale

SW • \$15.95 • 160 pgs • 7 x 10 • ISBN-13: 9781932549867 • TP

### Mad Scientist Muscle

Nick Nilsson SW • \$14.95 • 224 pgs • 7 x 10 • ISBN-13: 9781932549799 • TP

## Fitness / Football

### Muscle Explosion

Nick Nilsson SW • \$14.95 • 212 pgs • 7 x 10 • ISBN-13: 9780972410298 • TP

### The Natural Way

Beth Horn SW • \$19.95 • 186 pgs • 8.5 x 11 • ISBN-13: 9781932549669 • TP

A Practical Approach To Strength Training, 4E Matt Brzycki

BR • \$24.95 • 352 pgs • 8.5 x 11 • ISBN-13: 9781935628132 • TP

### Principles of Athletic Strength & Conditioning

The Foundations of Success in Training and Developing the Complete Athlete

Jim Kielbaso & Toby Brooks, Editor

CP • \$39.95 • 278 pgs • 8.5 x 11 • ISBN-13: 9781941549261 • TP

### Pure Physique

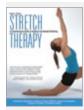
How to Maximize Fat-Loss and Muscular Deveopment Michael Lipowski

SW • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9780972410274 • TP

### Push-Up Progression, 2E

A 24 Push-up Journey to Stabilization, Strength and Power

Shaun Zetlin SW • \$15.95 • 176 pgs • 5.2 x 10 • ISBN-13: 9781932549850 • TP



### Stretch Therapy

Emily Francis Unlike most stretching books, this one covers stretching on your own as well as with a partner. The text combined with photos illustrates the stretches in every way possible to make it more accessible to every person in daily life.

BD • \$22.95 • 200 pgs • 8.5 x 11 ISBN-13: 9781935628163 • TP

### Fly Fishing

### Australian Fly Patterns

Peter Coulson AF • \$39.95 • 250 pgs • 7 x 10 • ISBN-13: 9781865130637 • HC

### Fly Fishing Knots, Rigs and Leaders

Trevor Hawkins AF • \$9.95 • 64 pgs • 6 x 8.25 • ISBN-13: 9781865130712 • HC

### Saltwater Sport Fish of the Pacific NW

Monterey to Alaska Amadeo Bachar, Edgar W. Roberts III PC • \$7.95 • 10 pgs • 4.3 x 10 • ISBN-13: 9781937196141 • TP

### Waterproof Fly Fishing: Lakes

Richard Rule AF • \$6.95 • 36 pgs • 4 x 6 • ISBN-13: 9780958714358 • WPP

#### Waterproof Fly Fishing: Rivers Richard Rule

AF • \$6.95 • 36 pgs • 4 x 6 • ISBN-13: 9780958714365 • WPP

### Football

See also Biography and Regional

### 73-0! Bears Over Redskins

Lew Freedman BD • \$22.95 • 224 pgs • 6 x 9 • ISBN-13: 9781935628408 • HC

### Unofficial Alabama Trivia, Puzzle & History Book

Dale Ratermann BD • \$9.95 • 160 pgs • 6 x 9 • ISBN-13: 9781935628125 • TP

### Bernie, Bill and the Browns

The Last Great Era of Football in Cleveland Vince McKee BD • 160 pgs • 6 x 9 • ISBN-13: 9781681570112 • TP

#### Beyond Just Win

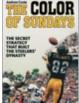
Ed Housewright with a Foreword by Lovie Smith BD • \$22.99 • 224 pgs • 5.5 x 8.5 • ISBN-13: 9781681570099 • HC

### Coach for a Nation

The Life and Times of Knute Rockne Jim Lefebvre

Andrew Conte

GD • \$23.50 • 512 pgs • 6 x 9 • ISBN-13: 9780981884141 • TP



### The Color of Sundays

The Secret Strategy That Built an NFL Dynasty

This is the story of how Bill Nunn Jr., Art Rooney, and the Steelers front office reshaped the franchise. Bill Nunn Jr. s strategy was simple; scout talent where many other teams had failed and bring in players from the historically black colleges and universities.

BD • \$16.99 • 160 pgs • 6 x 9 • ISBN-13: 9781681570266 • TP

### Hep Remembered

Terry Hutchens BB • \$16.95 • 192 pgs • 6 x 9 • ISBN-13: 9780979924002 • TP

#### Mike McCarthy: Nobody's Underdog Rob Reischel

BD • \$22.95 • 256 pgs • 6 x 9 • ISBN-13: 9781935628170 • HC

### Performance Nutrition for Football

Lisa Dorfman, MS, RD MS • \$18.95 • 280 pgs • 6 x 9 • ISBN-13: 9780984280216 • TP

### Steelers Takeaway

Player Flashbacks Through the Decades Ron Lippock

Author, Ron Lippock has conducted over 400 interviews with former Steelers from those that played in the 50's, through ones that just recently retired. Players reveal the humor behind the game and how it affected them.

BD • \$19.99 • 336 pgs • 5.5 x 8.5 ISBN-13: 9781681570075 • TP

## Football / Health

### So You Think You Know Indiana University Football

Terry Hutchens TH • \$14.00 • 256 pgs • 6 x 9 • ISBN-13: 9780997396508 • TP

A Team Makes a Miracle Doug Pederson's Journey to the Super Bowl Turron Davenport BD • \$24.99 • 256 pgs • 6 x 9 • ISBN-13: 9781681571492 • HC

## Unofficial Ducks Football Trivia, Puzzles

& History Dale Ratermann

BD • \$12.00 • 160 pgs • 6 x 9 • ISBN-13: 9781935628040 • TP

### Games / Puzzles

See Also Regional

### Know Your Zombies

Ed Wenck & Lou Harry BD • \$12.00 • 176 pgs • 6 x 9 • ISBN-13: 9781935628026 • TP



### Those '70s Shows

TV Trivia & Puzzles Andrew E. Stoner

Relive socially relevant comedy shows from the 70's like All In The Family, Good Times and Welcome Back, Kotter and dominate shows like The Carol Burnett Show, The Sonny and Cher Comedy Hour, and Rowan and Martin s Laugh-In.

BD • \$9.95 • 176 pgs • 8.5 x 11 • ISBN-13: 9780981928982 • TP

### TV Housewives Reality Check

Dale Ratermann BD • \$12.00 • 128 pgs • 8.5 x 11 • ISBN-13: 9781935628149 • TP

### Vampire Fun & Games

H.W. Kondras BD • \$12.00 • 176 pgs • 6 x 9 • ISBN-13: 9781935628064 • TP

### Golf

### Jack Grout

A Legacy in Golf Dick Grout with Bill Winter BD • \$24.95 • 320 pgs • 6 x 9 • ISBN-13: 9781935628187 • HC BD • \$18.99 • 352 pgs • 6 x 9 • ISBN-13: 9781681570594 • TP

### Success in the Scoring Zone

Steve Hosid SH • \$14.95 • 160 pgs • 8.5 x 11 • ISBN-13: 9781581593150 • TP

### Success on the Green

Steve Hosid SH•\$14.95•176 pgs•8.5 x 11•ISBN-13: 9781581593693•TP

### Success on the Tee

Steve Hosid SH • \$14.95 • 176 pgs • 8.5 x 11 • ISBN-13: 9781581593686 • TP

### Sun-up to Sun-down

Thomas Franklin BD • \$27.95 • 352 pgs • 6 x 9 • ISBN-13: 9781935628262 • HC

## The Ultimate Guide to Weight Training for Golf Past 40, 2E

Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549447 • TP

### Weight Training for Women's Golf

Kai Fusser & Annika Sorenstam SW • \$16.95 • 192 pgs • 7 x 10 • ISBN-13: 9781932549751 • TP

Health

### Acupuncture Pocketbook

Dr. Christopher Norris NO • \$29.95 • 196 pgs • 6 x 8.5 • ISBN-13: 9780955012112 • TP

### Alignment Matters

The First Five Years of Katy Says Katy Bowman PR • \$19.95 • 456 pgs • 6 x 9 • ISBN-13: 9781943370085 • TP



The Art & Science of Beauty Therapy A Complete Guide for Beauty Specialists

Jane Foulston This textbook carefully guides learners through the principles of body analysis, heat and water treatments, masks and wraps, tanning, massage techniques, and electrical applications. It's spa technicians understand

both the theory and practice of their vocation. EM • \$34.95 • 312 pgs • 7.8 x 10.2 • ISBN-13: 9781903348383 • TP

The Art and Science of Spa & Body Therapy Jane Foulston

EM • \$34.95 • 236 pgs • 7.8 x 10.2 • ISBN-13: 9781903348123 • TP

### Calmer Waters

The Caregiver's Journey Through Alzheimer's and Dementia Barbra Cohn WINNER OF THE 2018 BOOK EXCELLENCE AWARD IN THE CATEGORY OF SELF-HELP

BD • \$16.99 • 288 pgs • 6 x 9 • ISBN-13: 9781681570143 • TP

### Crazy Me

How I Lost Reality and Found Myself D. Thomas Bixby MP • \$16.95 • 204 pgs • 6 x 9 • ISBN-13: 9781944068585 • TP

Digestive Health with REAL Food

#### Aglaee Jacob

PM • \$34.95 • 385 pgs • 8.5 x 11 • ISBN-13: 9780988717206 • TP

## Health / History



### Digestive Health with REAL Food, 2E (Updated & Expanded)

A Bigger, Better, Practical Guide to an Anti-inflammatory, Nutrient Dense Diet for IBS & Other Digestive Issues Aglaée Jacob, M.S., R.D. Illustrator: Olivia Sheehan

This practical, step-by-step comprehensive guide to a REAL-food-based approach will help you recover

your digestive health naturally and build the optimal diet. It guides you in how to eliminate all processed and fake foods, which often contain irritants, allergens, and inflammatory and hard-to-digest ingredients.

PM • \$39.95 • 396 pgs • 8.5 x 11 • ISBN-13: 9780988717275 • TP

### Diastasis Recti

The Whole Body Solution to Abdominal Weakness and Separation Katy Bowman

PR • \$15.95 • 184 pgs • 5.5 x 8 • ISBN-13: 9780989653961 • TP

### Don't Just Sit There

Transitioning to a Standing and Dynamic Workstation for Whole-Body Health Katy Bowman

PR • \$12.95 • 152 pgs • 5.5 x 8 • ISBN-13: 9781943370009 • TP

#### Dough Nation

A Nurse's Memoir of Celiac Disease Nadine Grzeskowiak RN RN • \$21.95 • 288 pgs • 6 x 9 • ISBN-13: 9780996189248 • TP

### Eat Well, Move Well, Live Well

Galina Denzel and Roland Denzel PR • \$19.95 • 304 pgs • 6 x 9 • ISBN-13: 9781943370023 • TP

#### Heart Disease

What Your Doctor Won't Tell You Dr. Rodger H. Murphree HH • \$14.95 • 222 pgs • 6 x 9 • ISBN-13: 9780972893831 • TP

### Husband's Guide to Breast Cancer

Todd Outcalt BD • \$14.95 • 192 pgs • 6 x 9 •ISBN-13: 9781935628323 • TP

#### An Introductory Guide to Aromatherapy

Louise Tucker EM • \$34.95 • 172 pgs • 7.8 x 10.2 • ISBN-13: 9781903348147 • TP

An Introductory Guide to Massage, 3E Louise Tucker

EM • \$29.95 • 240 pgs • 7.8 x 10.2 • ISBN-13: 9781903348352 • TP

### An Introductory Guide to Reflexology

Louise Tucker

EM • \$34.95 • 144 pgs • 7.8 x 10.2 • ISBN-13: 9781903348581 • TP



### Move Your DNA

Katy Bowman This book explains the science behind our need for natural movement right. It examines the differences between the movements in a typical hunter-gatherer's life and the movements in our own. It shows the many problems with using exercise like movement vitamins instead of addressing the deeper issue of our poor movement diet.

PR • \$24.95 • 280 pgs • 7 x 9.5 • ISBN-13: 9781943370108 • TP

#### **Movement Matters**

Katy Bowman PR • \$17.95 • 224 pgs • 6 x 9 • ISBN-13: 9781943370030 • TP

### The No-Diet Obesity Solution for Kids

Miriam B. Vos, M.D. AG • \$14.95 • 274 pgs • 6 x 9 • ISBN-13: 9781603560047 • TP

### Prostate Cancer

A New Approach to Treatment and Healing Emilia A. Ripoll, MD and Mark Saunders, MA VH • \$18.95 • 408 pgs • 6 x 9 • ISBN-13: 9780996256209 • TP

### Sciatica and Piriformis Syndrome

Simple and Effective Exercises for Buttock, Leg and Back Pain Katharina Brinkmann and Nicolai Napolski LP • \$11.99 • 112 pgs • 8.26 x 5.8 • ISBN-13: 9781905367849 • TP

### The Science of Meditation, Yoga and Prayer

Amitava Dasgupta BD • \$21.95 • 192 pgs • 6 x 9 • ISBN-13: 9781681570211 • HC

### Whole Body Barefoot

Katy Bowman PR • \$12.95 • 100 pgs • 5.5 x 8 • ISBN-13: 9780989653985 • TP

### Why You Really Hurt



It All Starts in the Foot Dr. Burton S. Schuler

This book is important because it offers the public new information about why millions of people suffer everyday with aches and pains, and offers new hope to get rid of problems they believed they would have to live with forever.

LL • \$18.95 • 260 pgs • 6 x 9 • ISBN-13: 9780942664027 • TP

### The Young Skin Diet

Michelle Lee

SS • \$19.99 • 288 pgs • 6 x 9 • ISBN-13: 9780990881728 • TP

### History

### Behind the Desert Storm

Pavel Stroilov SW • \$19.95 • 352 pgs • 6 x 9 • ISBN-13: 9781932549676 • TP

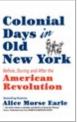
#### Beyond the Ides

Craig McGuire SM • \$18.95 • 160 pgs • 5.5 x 8.5 • ISBN-13: 9781939521354 • TP

### Beyond Reasonable Doubt

Mel Ayton • Foreword by David Von Pein

#### SM • \$18.95 • 276 pgs • 5.5 x 8.5 • ISBN-13: 9781939521231 • TP



Colonial Days in Old New York Before, During and After the American Revolution

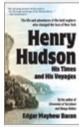
Alice Morse Earle This is a treasure trove of facts about the life and times of the American colonists and the birth of our nation. Alice Morse Earle brings America's bygone days to life.

HV • \$18.95 • 330 pgs • 4.75 x 7 ISBN-13: 9781948697019 • TP

### Harvestfields of Death

#### Craig L. Dunn

CW • \$29.95 • 352 pgs • 6 x 9 • ISBN-13: 9781578600397 • HC CW • \$24.95 • 352 pgs • 6 x 9 • ISBN-13: 9781578600380 • TP



### Henry Hudson

His Times and His Voyages

Edgar Mayhew Bacon Henry Hudson's story is one of daring, determination,

and Greenland, and the mighty Hudson River.

and discovery. Edgar Mayhew Bacon takes us on all of Hudson's voyages, from the journeys that took him further north than any explorer before him, to the coasts of Iceland

HV • \$18.95 • 300 pgs • 5 x 7.5 • ISBN-13: 9781948697064 • TP

### Homes and Haunts of the Indians

New York and New Jersey Albert H. Heusser HV • \$19.95 • 130 pgs • 6 x 9 • ISBN-13: 9781948697040 • TP

### Liberating Iraq

Amir George SM • \$18.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9781939521002 • TP

### Life in Sing Sing

Inside New York's Most Infamous Prison 100 Years Ago Number 1500 HV • \$17.95 • 280 pgs • 5.1 x 7.8 • ISBN-13: 9781948697033 • TP

### An Unbelievable Life

Rena Kopystenski

SM • \$19.95 • 300 pgs • 5.5 x 8.5 • ISBN-13: 9781939521248 • TP

### Hockey

See also Biography and Regional

### Breakaway

The Inside Story of the Pittsburg Penguin's Rebirth Andrew Conte BD • \$18.99 • 256 pgs • 6 x 9 • ISBN-13: 9781681570389 • TP

#### Detroit Red Wings: Trivia, Fun And Games Bob & H.W. Kondras

BD • \$9.95 • 140 pgs • 6 x 9 • ISBN-13: 9781935628248 • TP

### Weight Training for Hockey: The Ultimate Guide

Dr. Denis Boucher, Ph.D. SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549829 • TP

### Humor

### Cattiness

Some Cats are Jerks

Margaret Cioffi BD • \$14.99 • 128 pgs • 6 x 6 • ISBN-13: 9781681570716 • TP

### Harsh Reality

Tales of the Z-List from a Reality Show Booking Agent Andy Binder & Fred Stroppel BD • \$19.99 • 256 pgs • 6 x 9 • ISBN-13: 9781681570730 • TP

### Mopey Dick

Dick Wolfsie

BD • \$12.95 • 240 pgs • 6 x 9 • ISBN-13: 9781935628095 • TP

### The Right Fluff

Dick Wolfsie BD • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9781935628450 • TP

### Journals



#### Live Happy Notebook

This hardcover notebook will help you start the day on a positive note. It is full of inspiring quotes, tips, research and thoughtful activities. There is plenty of lined space to end the day with your own thoughts, sketches, and what you are grateful for.

CG • \$30.00 • 250 pgs • 6 x 9 • HC ISBN-13: 9781733069816 • UPC: 752830969537

### Mindful Notebook

This notebook is 240 ruled pages, size A5, with space for musings, meetings, journaling, sketching and more. It has a daily inspirational quote on the top of each page and a space for practicing gratitude at the bottom of each page. It is not dated.

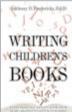
CG • \$30.00 • 240 pgs • 6 x 9 • HC ISBN-13: 9781733069809 • UPC: 752830969032

### Language Arts

### Once Upon a Time it was Now

The Art and Craft of Writing Historical Fiction James Alexander Thom BD • \$17.99 • 192 pgs • 5.5 x 9 • ISBN-13: 9781681570518 • TP

## Language Arts / Regional Crosswords



### Writing Children's Books

Everything You Need to Know from Story Creation to Getting Published How to Get Happily Published

Anthony D. Fredericks, Ed.D. This powerful how-to guide shows, in eye-opening detail, exactly how children's authors, both beginning

and novice, can have a productive and successful writing career. This is only book to deal exclusively with all the concerns, issues, and questions of prospective children's authors.

BD • \$14.99 • 320 pgs • 6 x 9 • ISBN-13: 9781681570815 • TP

### Martial Arts

### Weight Training for Martial Arts

Katalin Rodriguez-Ogren SW • \$16.95 • 192 pgs • 7 x 10 • ISBN-13: 9781932549713 • TP

### Medical Reference

#### Conducting Clinical Research, Rev. Ed. Judy Stone, M.D.

MD • \$79.95 • 630 pgs • 7 x 10 • ISBN-13: 9780974917818 • TP



### An Introductory Guide to Anatomy and Physiology, 5E

Louise Tucker

This popular and trusted reference provides a solid introduction to the anatomy and physiology of the human body. An essential resource for all those studying esthetics, cosmetology, and holistic therapies, as well as sports therapy, nursing and paramedicine,

it is written in a straight-forward style and uses clear illustrations to support the text.

EM • \$28.95 • 208 pgs • 7.8 x 10.2 • ISBN-13: 9781903348345 • TP

### An Introductory Guide to Anatomy and Physiology, 5E

Louise Tucker EM • \$28.95 • 208 pgs • 7.8 x 10.2 • ISBN-13: 9781903348345 • TP

### Understanding Research in Complementary and Alternative Medicine

Edzard Ernst EM • \$36.95 • 134 pgs • 7.8 x 10.2 • ISBN-13: 9781903348093 • TP

### Nature

### Dawn Again

Tracking the Wisdom of the Wild Doniga Markegard PR • \$17.95 • 280 pgs • 6 x 9 • ISBN: 9781943370146 • TP

### Nature's Housekeeper

Michael Gurnow BD • \$14.95 • 224 pgs • 6 x 9 • ISBN: 9781935628484 • TP

#### Wild Times on Skidaway Island Karen Dove Barr

SM • \$27.95 • 128 pgs • 4 x 4 • ISBN-13: 9781939521040 • TP

### Political Science

### The Edward Snowden Affair

#### Michael Gurnow

BD • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9781935628361 • TP

#### Spook War: A Memoir From the Trenches William Northrop

SM • \$18.95 • 260 pgs • 5.5 x 8.5 • ISBN-13: 9781939521262 • TP

### Spy of David

Elliot Goldenberg SM • \$18.95 • 280 pgs • 5.5 x 8.5 • ISBN-13: 9781939521187 • TP

### Tweets and Consequences

Michael Schlossberg SM • \$18.99 • 350 pgs • 5.5 x 8.5 • ISBN-13: 9781939521286 • TP

### Regional: State Crosswords

### Alabama Crosswords

Dale Ratermann BD • \$7.95 • 128 pgs • 6 x 9 • ISBN-13: 9781935628217 • TP

### California Crosswords

Dale Ratermann & H.W. Kondras BD • \$6.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780976336129 • TP

### Colorado Crosswords

Dale Ratermann BD • \$7.95 • 128 pgs • 6 x 9 • ISBN-13: 9781935628224 • TP

### Florida Crosswords

Dale Ratermann & H.W. Kondras BD • \$6.95 • 160 pgs • 5.5 x 8.5 • ISBN-13: 9780976336174 • TP

### Illinois Crosswords

Dale Ratermann & H.W. Kondras BD • \$6.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780971895980 • TP

Indiana Crosswords, 3E

#### H.W. Kondras

BD • \$7.95 • 128 pgs • 6 x 9 • ISBN-13: 9781681570662 • TP

# KENTUCKY

#### Kentucky Crosswords Dale Ratermann



Test your knowledge of Kentucky and the people who made it famous - from President Abraham Lincoln to legendary Muhammed Ali to the sharp Diane Sawyer. Puzzles include crosswords, word searches, trivia and more, and are appropriate for all ages.

BD • \$7.99 • 160 pgs • 6 x 9 ISBN-13: 9781681570372 • TP

### New York Crosswords

Dale Ratermann & H.W. Kondras BD • \$6.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780976336105 • TP

### Ohio Crosswords, 3E

Dale Ratermann BD • \$7.99 • 160 pgs • 6 x 9 • ISBN-13: 9781681570365 • TP

## Regional Crosswords / Sailing

### Pennsylvania Crosswords

Dale Ratermann BD • \$7.95 • 128 pgs • 6 x 9 • ISBN-13: 9781935628200 • TP

### Seek and Find Indiana

H.W. Kondras BD • \$5.95 • 160 pgs • 5.5 x 8.5 • ISBN-13: 9780976336150 • TP

### Wisconsin Crosswords

Dale Ratermann & H.W. Kondras BD • \$6.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780976336143 • TP

### Regional: Miscellaneous

### Ernie Pyle's Southwest

Ernie Pyle, Illustrations by Bob Bales RB • \$16.95 • 128 pgs • 7.25 x 10.75 • ISBN-13: 9780944353134 • HC



### Sasquatch Field Guide

(Folding Pocket Guide) Jeff Meldrum

This guide will aid in distinguishing the telltale signs of Sasquatch from those of common wildlife. It will instruct in the proper identification, documentation, collection, and preservation of evidence—and who to contact to report evidence of a Sasquatch encounter.

PC • \$7.95 • 10 pgs • 4.3 x 10 • ISBN-13: 9781937196950 • Laminated Map

### Religion

### From the Gita to the Grail

Exploring Yoga Stories & Western Myth Bernie Clark BD • \$29.95 • 592 pgs • 6 x 9 • ISBN-13: 9781935628316 • TP

### **Religious Hostility**

Rodney Stark and Katie E. Corcoran BU • \$17.95 • 160 pgs • 6 x 9 • ISBN-13: 9781940814001 • HC

### Remembering Armageddon

Religion and the First World War Edited by Philip Jenkins BU • \$18.95 • 116 pgs • 6 x 9 • ISBN-13: 9781940814032 • TP

Upon These Three Things Jewish Perspectives on Loving God Jeff Levin BU • \$18.95 • 224 pgs • 6 x 9 • ISBN-139781940814025 • HC

### Running

### Pose Method of Running Techniques

Nicholas Romanov, Ph.D. PT • \$34.95 • 315 pgs • 5.5 x 8.5 • ISBN: 9780972553766 • TP

Ultimate Speed & Agility, 2E Jim Kielbaso CP • \$19.95 • 224 pgs • 8.5 x 11 • ISBN-13:9780976294412 • TP

### Sailing

#### 100 Problems in Celestial Navigation, 2E Leonard Grav

PC • \$19.95 pgs • 168 • 8.4 x 10.8 • ISBN-13: 9780939837335 • TP

### 2017 American Practical Navigator 'BOWDITCH'

Vol 1 & 2 Combined Nathaniel Bowditch, NGA

PC • \$69.95 • 1,228 pgs • 8.5 x 11 • ISBN-13: 9781937196820 • HC

#### The American Practical Navigator "Bowditch" Nathaniel Bowditch

PC • \$49.95 • 896 pgs • 8.7 x 11.3 • ISBN-13: 9780939837540 • HC

### As Long as It's Fun

The Epic Voyages and Extraordinary Times of Lin and Larry Pardey Herb McCormick PL • \$18.95 • 304 pgs • 9 x 6 • ISBN: 9781929214983 • TP

### Blue Water Women

Making the Leap from Landlubber to a Life at Sea Georgina de Vere BD • \$14.99 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9781681571485 • TP

### Blown Away

Herb Payson PL • \$16.95 • 232 pgs • 9.25 x 6.25 • ISBN: 9781929214068 • TP

### Bull Canyon

A Boatbuilder, a Writer and Other Wildlife Lin Pardey PL • \$24.95 • 304 pgs • 9 x 6 • ISBN: 9781929214679 • HC

### The Capable Cruiser, 3E

Lin & Larry Pardey PL • \$24.95 • 392 pgs • 9 x 6 • ISBN: 9781929214778 • TP

### The Care and Feeding of Sailing Crew

Lin & Larry Pardey PL • \$24.95 • 414 pgs • 6 x 9 • ISBN: 9781929214341 • TP

#### Celestial Navigation in the GPS Age John Karl

PC • \$24.95 • 310 pgs • 7.2 x 9.9 • ISBN-13: 9780939837755 • TP

### Cost Conscious Cruiser

Champagne Cruising on a Beer Budget Lin & Larry Pardey PL • \$29.95 • 362 pgs • 8.5 x 5.5 • ISBN: 9780964603653 • HC

### Cruising Chef Cookbook, 2E

Michael Greenwald PC • \$19.95 • 300 pgs • 5.9 x 8.6 • ISBN-13: 9780939837465 • TP

# Sailing



#### **CRUISING** Cruising in Seraffyn Tribute Edition

Lin Pardey and Larry Pardey Read how Lin and Larry built their wooden 24-foot engineless cutter and set off hoping for a few months of true freedom in spite of limited finances. Share their excitement as they learn how to earn as they go and sail ever further afield.

PL • \$18.95 • 228 pgs • 6 x 9 ISBN-13: 9781929214150 • TP

## Details of Classic Boat Construction, 3E

The Hull Larry Pardey PL • \$49.95 • 452 pgs • 10 x 8 • ISBN: 9781929214440 • HC

### The DeWire Guide to Lighthouses of Pacific Coast

Elinor DeWire PC • \$19.95 • 292 pgs • 5.5 x 8.8 • ISBN-13: 9780939837861 • TP

The DeWire Guide to Lighthouses of Alaska, Hawaii, and U.S. Pacific Territories Elinor DeWire

PC • \$19.95 • 292 pgs • 5.5 x 8.8 • ISBN-13: 9781937196912 • TP

## The Essentials of Living Aboard a Boat

Mark Nicholas PC • \$17.95 • 268 pgs • 6.1 x 9 • ISBN-13: 9780939837663 • TP

### First Aid At Sea

Douglas Justins, Colin Berry PC • \$14.95 • 26 pgs • 9.8 x 3.1 • ISBN-13: 9780939837595 • SP

### French for Cruisers

Kathy Parsons PC • \$29.95 • 352 pgs • 8.1 x 7 • ISBN-13: 9780967590516 • SP

Galley Guru Effortless Gourmet Cooking Afloat Lisa Hayden-Miller PC • \$19.95 • 327 pqs • 8.9 x 5.9 • 9780939837793 • TP

## The Great Circle Route, 2E

G. Bickley Remmey Jr. PC • \$24.95 • 232 pgs • 5.9 x 8.9 • ISBN-13: 9780939837687 • TP

#### Heavy Weather Avoidance

Concepts and Applications of 500 Mb Charts Ma-Li Chen and Lee S. Chesneau PC • \$49.95 • 250 pgs • 8.5 x 11.3 • 9780939837786 • HC

### Heavy Weather Tactics Using Sea Anchors & Drogues, 2E

Earl Hinz PC • \$19.95 • 164 pgs • 6.2 x 9 • 9780939837601 • TP

## It's Your Boat Too

A Woman's Guide to Greater Enjoyment on the Water Suzanne Giesemann PC • \$14.95 • 240 pgs • 6.3 x 9 • 9780939837694 • TP

## Knot Craft. 2E

Des Pawson PC • \$10.95 • 96 pgs • 4.75 x 7.5 • ISBN-13: 9780939837632 • TP

## 2019 Nautical Almanac

**UK Hydrographic** PC • \$29.95 • 384 pgs • 7 x 10 • ISBN-13: 9781937196851 \* TP

#### The Nautical Sextant

W. J. Morris PC • \$39.95 • 246 pgs • 7.2 x 10 • ISBN-13: 9780939837892 • HC

### Navigation Rules & Regulations Handbook

Dept. of Homeland Security, USCG USCG

PC • \$12.95 • 198 pgs • 6 x 9 • ISBN-13: 9781937196233 • TP

#### Outfitting the Offshore Cruising Sailboat Peter Berman

PC • \$19.95 • 256 pgs • 6 x 9 • ISBN-13: 9780939837991 • TP

### Reeds Knot Handbook

A Pocket Guide to Knots, Hitches and Bends Jim Whippy

PC • \$9.95 • 128 pgs • 3.9 x 6.2 • ISBN-13: 9780939837939 • TP



## Self Sufficient Sailor, Full Revised and Expanded

Lin and Larry Pardey

Lin and Larry Pardey's popular book, the Self Sufficient Sailor, has been revitalized and expanded by more than 40%. This book covers what Lin and Larry learned during more than 47 years sailing together during which they covered more than 200,000 miles on board their two cutters.

PL • \$29.95 • 320 pgs • 6 x 9 • ISBN-13: 9781929214877 • HC

### Seraffyn's European Adventure, 2E

Lin & Larry Pardey PL • \$16.95 • 320 pgs • 9 x 6 • ISBN: 9780964603646 • TP

#### Seraffyn's Mediterranean Adventure, 2E Lin & Larry Pardey

PL • \$16.95 • 256 pgs • 9 x 6 • ISBN: 9781929214167 • TP

### Seraffyn's Oriental Adventure, 2E

Lin & Larry Pardey PL • \$16.95 • 256 pgs • 9 x 6 • ISBN: 9780964603639 • TP

### Spanish for Cruisers, 2E

The Boater's Complete Language Guide for Spanish-speaking Destinations Kathy Parsons PC • \$31.95 • 368 pgs • 8.4 x 6.1 • ISBN-13: 9780967590523 • SP

## Storing Food Without Refrigeration

Carolyn Shearlock BD • \$12.99 • 160 pgs • 6 x 9 • ISBN-13: 9781681571478 • TP

# Sailing / Soccer



## Storm Tactics Handbook, 3E

Modern Methods of Heaving-to for Survival in Extreme Conditions Lin & Larry Pardey

This book shows tried and true methods that work for all types of sailing vessels. Special sections explain storm sail design, sea-anchor technology and tips for preventing gear failure at sea. Included are a series

of check lists designed to help potential voyagers chose and outfit their boat.

PL • \$22.95 • 256 pgs • 6 x 9 • ISBN: 9781929214471 • TP

## Taleisin's Tales

Sailing Toward the Southern Cross Lin & Larry Pardey PL • \$18.95 • 200 pgs • 6 x 9 • ISBN-13: 9781929214112 • TP

## Twenty Affordable Sailboats to Take

You Anywhere Gregg Nestor (foreword by John Vigor) PC • \$19.95 • 224 pgs • 6 x 9 • 9780939837724 • TP

# Twenty Small Sailboats to Take You Anywhere John Vigor

PC • \$19.95 • 136 pgs • 6.1 x 9.2 • ISBN-13: 9780939837328 • TP

U.S. Chart No. 1, 13E Symbols, Abbreviations and Terms used on Paper and Electronic Navigational Charts PC • \$14.95 • 136 pgs • 8.5 x 11 • ISBN-13: 9781937196295 • SP

## Voyaging with Kids

A Guide to Family Life Afloat Gifford, Johnson, Robertson and Goodlander PL • \$35.95 • 336 pgs • 8 x 10 • ISBN-13: 9781929214334 • TP

# Self Help

#### The Happiness Sutra, 2E

How to Live a Heroic Life, Free of Stress Dr. Rick Levy AU • \$19.95 • 205 pgs • 6 x 9 • ISBN-13: 9788180111655 • TP

A Man Devoured by His Body, Food & Work Survival from Muscle Dysmorphia, Orthorexia, and Obsessive-Compulsive Personality Disorder Stuart McRobert CS • \$19.95 • 224 pgs • 6 x 9 • ISBN-13: 9789963616176 • TP

## Soccer

# 24 Easy-to-Follow Training Sessions for Ages 5-7

Peter Schreiner & Gerd Thissen RS • \$12.95 • 88 pgs • 8.5 x 11 • ISBN-13: 9781890946463 • TP



## 101 Youth Soccer Drills

Age 7 to 11 Malcolm Cook

Fun, educational and challenging, all drills are illustrated and cover the essential technical skills including: warming up, dribbling and running with the ball, passing, shooting, heading, crossing, goalkeeping, and warming down.

RS • \$14.95 • 128 pgs • 6 x 9 • ISBN-13: 9781890946227 • TP

## 300 Innovative Soccer Drills

Roger Wilkinson & Mick Critchell RS • \$16.95 • 256 pgs • 7 x 10 • ISBN-13: 9781890946364 • TP

# Coaching Champions

Frank Dunne RS • \$14.95 • 150 pgs • 6 x 9 • ISBN-13: 9781591641131 • TP

#### Coaching Under 8's

Tino Stoop RS • \$19.95 • 80 pgs • 7 x 10 • ISBN-13: 9781591640615 • TP+CD

## The Complete Book of Soccer Restart Plays

Mario Bonfanti & Angelo Pereni RS • \$14.95 • 192 pgs • 6 x 9 • ISBN-13: 9781890946142 • TP

## The Creative Dribbler

Peter Schreiner RS • \$14.95 • 160 pgs • 6 x 9 • ISBN-13: 9781890946289 • TP

### Dutch Soccer Drills, V.3

Henny Kormelink RS • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9781890946357 • TP

## Dutch Soccer Drills, V. 5

Henny Kormelink RS • \$14.95 • 224 pgs • 6 x 9 • ISBN-13: 9781591641025 • TP

# Even Pellerud on Coaching and Leadership in Women's Soccer

Even Pellerud RS • \$19.95 • 405 pgs • 6 x 9 • ISBN-13: 9781591640967 • TP

#### Fitness Training For Soccer

Ken Sherry and Anthony J. Harris RS • \$14.95 • 180 pgs • 6 x 9 • ISBN-13: 9781591640356 • TP

#### Game Situation Training for Soccer Wayne Harrison

RS • \$14.95 • 208 pgs • 6 x 9 • ISBN-13: 9781591640981 • TP

#### Game Vision in Soccer

Mick Critchell, Jark Bosma & Keith Granger RS • \$24.95 • 140 pgs • 8.5 x 11 • ISBN-13: 9781591641155 • TP

## The Last 9 Seconds

John DeBenedictis DE • \$49.95 • 428 pgs • 8.5 x 11 • ISBN-13: 9780986839900 • TP 24 Easy Training Sessions, 8-11 • Schreiner • 9781890946470 • \$12.95 101 Youth Soccer Drills: Ages 12-16 • Cook • 9781890946234 • \$14.95 150 Dribbling Games for Soccer • Pica • 9781591640639 • \$14.95 248 Drills for Attacking Soccer • del Freo • 9781890946272 • \$14.95 Coaching & Motivation • Warren • 9781591640189 • \$14.95 Coaching Dynamics • Driver & Nicol • 9781591640707 • \$14.95 Coaching Soccer: 10-15 Year Olds • Bonaccorso • 9781890946630 • \$14.95 Coaching Soccer: Match Strategy • Prestigiacomo • 9781591640554 • \$14.95 Coaching Team Shape • Emilio Cecchini • 9781890946388 • \$12.95 Coaching the 4-4-2 and Zone • Marziali • 9780965102087 • \$14.95 Coaching Under 10s • Tino Stoop • 9781591640660 • \$19.95 Coaching Under 12s • Tino Stoop • 9781591640592 • \$19.95 Coaching Youth Soccer • Schreiner • 9781591640295 • \$14.95 Coordination, Agility & Training • Schreiner • 9781890946425 • \$14.95 Developing Soccer Players the Dutch Way • Kormelink • 9781890946029 • \$12.95 Goalkeeping: Positional Play • Allen Wade • 9781890946074 • \$12.95 Maximizing Soccer Practice • Stephen Faulkner • 9781890946647 • \$14.95 Modern Tactical Development • Allen Wade • 9780965102056 • \$8.95 Nutrition for Soccer Players • Enrico Arcelli • 9781890946173 • \$10.95 Practical Guide to Youth Soccer Coaching • Jason Carney • 9781591640547 • \$12.95 Principles of Effective Coaching • Allen Wade • 9781890946128 • \$12.95 Principles of Team Play • Allen Wade • 9780965102032 • \$8.95 Set Plays • Ceccomori • 9781591640844 • \$14.95 Smart First Touches • Martin Bidzinski • 9781591640783 • \$14.95 Soccer Attacking Schemes • Fascetti and Scaia • 9781890946159 • \$14.95

## Let the Kids Play

80 Exciting Soccer Training Sessions Andrew Donnery RS • \$12.95 • 104 pgs • 6 x 9 • ISBN-13: 9781591640882 • TP

# The Practices and Training Sessions of the World's Top Teams, 2E

Mike Saif RS • \$19.95 • 224 pgs • 8.5 x 11 • ISBN-13: 9781890946340 • TP

#### Principles of Brazilian Soccer

Thadeu Goncalves RS • \$16.95 • 287 pgs • 7 x 10 • ISBN-13: 9781890946067 • TP

### Soccer: Attacking Down the Flank

Henk Mariman RS • \$14.95 • 150 pgs • 6 x 9 • ISBN-13: 9781591641049 • TP

## Soccer: Build-up Play

Henk Mariman RS • \$14.95 • 150 pgs • 6 x 9 • ISBN-13: 9781591641032 • TP

#### Soccer Calling

Dean Conway RS • \$14.95 • 212 pgs • 6 x 9 • ISBN-13: 9781591640974 • TP

### The Soccer Coaching Handbook

Martin Bidzinski RS • \$14.95 • 224 pgs • 6.5 x 9.25 • ISBN-13: 9781890946678 • TP Soccer Coaching, Ages 5-12 • Andrew Caruso • 9780965102025 • \$12.95 Soccer Coaching, Development & Tactics • Caruso • 9780965102018 • \$14.95 The Soccer Goalkeeper Coach • Maarten Arts • 9781591640790 • \$14.95 Soccer Goalkeeper • Puxel & Lawniczak • 9781890946555 • \$14.95 Soccer Homework • Charlie Inverso • 9781591640349 • \$12.95 Soccer Offense for Winning • Derek Smethurst • 9781890946517 • \$14.95 Soccer Practice Plans For Effective Training • Sherry • 9781890946562 • \$14.95 Soccer Scouting Guide • Joe Bertuzzi • 9781890946265 • \$9.95 Soccer Secrets to Success • Laureano Ruiz • 9781890946708 • \$14.95 Soccer Tactics • Massimo Lucchesi • 9781890946449 • \$12.95 Soccer Tactics Training • Claude Doucet • 9781591640875 • \$14.95 Soccer Techniques for Winning • Derek Smethurst • 9781890946500 • \$14.95 Soccer Training: Fitness Practices • Cook & Whitehead • 9781890946203 • \$14.95 Soccer: 120 Competitive Games and Exercises • Nicola Pica • 9781890946296 • \$14.95 Soccer's Dynamic Shortsided Game • Caruso • 9780965102001 • \$12.95 The Spanish Goalkeeping Bible • Laureano Ruiz • 9781591640233 • \$14.95 The Spanish Soccer Coaching Bible, Vol. 2 • Ruiz • 9781591640226 • \$14.95 Team Building • Kormelink and Seeverens • 9780965102070 • \$9.95 Team Organization • Matteo Pernisa • 9781591640868 • \$14.95 Total Soccer Coaching • Cappanna et al • 9781591640578 • \$14.95 Transition and Counter Attacking • Lucchesi • 9781591640530 • \$14.95 Weekend Warrior • David Griffiths • 9781890946654 • \$14.95 Winning With Your Head • Rafi Srebro • 9781591640301 • \$14.95 The Zone • Marziali and Mora • 9781591640585 • \$14.95 Zone Soccer • Herman Vermeulen • 9781591640677 • \$14.95

## Soccer: Defending

Henk Mariman RS • \$14.95 • 150 pgs • 6 x 9 • ISBN-13: 9781591641063 • TP

#### Soccer Made Easy: 5-8 Year Olds

Shaun Green RS • \$12.95 • 160 pgs • 6 x 9 • ISBN-13: 9781591640363 • TP

Soccer Made Easy: 9–12 Year Olds Shaun Green

RS • \$12.95 • 176 pgs • 6 x 9 • ISBN-13: 9781591640370 • TP

Soccer Made Easy: 13-16 Year Olds

Shaun Green RS • \$12.95 • 176 pgs • 6 x 9 • ISBN-13: 9781591640387 • TP

## Soccer Training – Developing the 360° Player

Martin Bidzinski RS • \$12.95 • 120 pgs • 6 x 9 • ISBN-13: 9781591641162 • TP

#### Soccer

Training Technique Tactically Mark Nicole RS • \$14.95 • 112 pgs • 6 x 9 • ISBN-13: 9781591640813 • TP

#### Soccer: The Mind Game

Steve Bull & Chris Shambrook RS • \$14.95 • 144 pgs • 6.25 x 9.25 • ISBN-13: 9781591640950 • TP

# Soccer / Study Guides

## Sven-Goran Eriksson on Soccer

Sven-Goran Eriksson with Willi Railo RS • \$16.95 • 160 pgs • 6 x 9 • ISBN-13: 9781890946661 • TP

## Teaching the Skills of Soccer

Jose Segura Rius RS • \$14.95 • 312 pgs • 7 x 10 • ISBN-13: 9781890946692 • TP

Thoughtful Soccer Russ Carrington RS • \$14.95 • 240 pgs • 7 x 10 • ISBN-13: 9781591640165 • TP

## The Ultimate Guide to Weight Training

for Soccer Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549386 • TP

## Warm-Up Drills for Soccer

Chris James RS • \$14.95 • 160 pgs • 6 x 9 • ISBN-13: 9781591640691 • TP

### Warm-Ups for Soccer

Mick Critchell RS • \$14.95 • 152 pgs • 6 x 9 • ISBN-13: 9781591640288 • TP

#### Winning Goalkeeper Training

Bob Barry RS • \$12.95 • 136 pgs • 6 x 9 • ISBN-13: 9781591641148 • TP

#### Zone Play: A Technical & Tactical Handbook Angelo Pereni and Michele Di Cesare

RS • \$16.95 • 260 pgs • 6 x 9 • ISBN-13: 9781890946180 • TP

## Sports: Miscellaneous

## Beantown Sports Trivia

Matthew Silverman BD • \$12.95 • 180 pgs • 5.5 x 8.5 • ISBN-13: 9781935628156 • TP

## The Joy of Bocce, 5E

Mario Pagnoni SI • \$16.95 • 224 pgs • 6 x 9 • ISBN-13: 9780578190600 • TP

Cody Rodeo Lew Freedman BD • \$14.95 • 256 pgs • 6 x 9 • ISBN-13: 9781935628491 • TP

## I Love the Work, but I Hate the Business

Mel Proctor • Foreward by Ron Darling BD • \$16.95 • 240 pgs • 6 x 9 • ISBN-13: 9781935628279 • TP eBook ISBN: 9781935628842



# The Indianapolis 500

A Century of High Speed Racing Lew Freedman

Discover each race with more attention and more detail focused on the biggest and most significant races, the glorious traditions of the race, and the most impactful and memorable drivers. Highlights include the evolution of speed and mechanics as they occur and key figures and personalities the Motor Speedway has hosted.

BD • \$12.99 • 224 pgs • 5.5 x 8.5 • ISBN-13: 9781681570167 • TP

## Inside the Five Ring Circus

Ollan Cassell OC • \$24.95 • 352 pgs • 6 x 9 • ISBN-13: 9780692496404 • TP

#### Seventy Summits

Vern Tejas and Lew Freedman BD • \$26.95 • 256 pgs • 6 x 9 • ISBN-13: 9781681570471 • HC

# The Ultimate Guide to Weight Training for Bowling

Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549584 • TP

# The Ultimate Guide to Weight Training for Cheerleading, 2E

Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549560 • TP

# The Ultimate Guide to Weight Training

for Fencing Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549607 • TP

# The Ultimate Guide to Weight Training for Gymnastics, 2E

Robert G. Price

SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549522 • TP

## The Ultimate Guide to Weight Training for

Skiing, 2E

Robert G. Price SW • \$16.95 • 176 pgs • 7 x 10 • ISBN-13: 9781932549591 • TP

## Weight Training for Cycling

The Ultimate Guide Chris Burnham SW • \$16.95 • 192 pgs • 7 x 10 • ISBN-13: 9781932549874 • TP

# Study Guides

## Direct Hits Advanced Vocabulary, 6E

Direct Hits Publishing DH • \$14.95 • 160 pgs • 6 x 9 • ISBN-13: 9781936551248 • TP

## Direct Hits Core Vocabulary, 6E

Direct Hits Publishing DH • \$14.95 • 160 pgs • 6 x 9 • ISBN-13: 9781936551224 • TP

# Study Guides / Travel

## Direct Hits Essential Vocabulary

Direct Hits Publishing DH • \$14.95 • 160 pgs • 6 x 9 • ISBN-13: 97819365512°00 • TP

## SAT 2-Second Shortcuts

The Insider's Guide to Outsmart the SAT Carol Jay Stratoudakis, Ph.D. MP • \$22.99 • 180 pgs • 8 x 10 • ISBN-13: 9781944068455 • TP

## Transportation

## An Introductory Guide to Motor

#### Vehicle Maintenance

Philip Knott and Adam Roylance EM • \$39.95 • 384 pgs • 7.8 x 10.2 • ISBN-13: 9781903348246 • TP

## Travel

## 203 Travel Challenges

Travel the World. Explore Your Inner Self Maria Angelova and Ivalina Nenova • Foreword: Lucy Mallows and Nick Johns-Wichberg • Illustrator: Irina Peneva DY • \$14.99 • 215 pgs • 4.60 x 6.90 • ISBN-13: 9786197198997 • TP

#### Cruising Guide to the Hawaiian Islands, 3E Carolyn & Bob Mehaffy

**PC •** \$49.95 • 336 pgs • 8 x 10 • ISBN-13: 9781937196837 • TP

#### Indiana Wineries

Todd Outcalt and Becky Outcalt BD • \$19.95 • 288 pgs • 6 x 9 • ISBN-13: 9781935628514 • TP

## Key West & the Lower Keys Travel Guide, 2E

Karuna Eberl & Steve Alberts QT • \$19.95 • 288 pgs • 5 x 8 • ISBN-13: 9780998858920 • TP

#### Life's a Road Trip

Axel & Ash AA • \$34.99 • 264 pgs • 7.13 x 8.15 • ISBN-13: 9780987449337 • HC

### Lost Guides - Bali & Islands

A Unique, Stylish and Offbeat Travel Guide to Bali and its Surrounding Islands

Anna Chittenden • Illustrator Lindsey Balbierz LO • \$23.99 • 216 pgs • 5.90 x 8.26 • ISBN-13: 9789811143618 • TP

#### Lost Guides - Singapore A Unique, Stylish and Offbeat Travel Guide to Singapore Anna Chittenden

LO • \$23.99 • 212pgs • 5.90 x 8.26 • ISBN-13: 9789811119095 • TP



#### Lost Guides - Tokyo & Beyond

A Unique, Stylish and Offbeat Travel Guide to Tokyo and Places Easily Reached From the City

#### Anna Chittenden

This book will help travelers unlock Japan and find the best neighborhoods to feel like a local, with recommendations on affordable sushi spots, cool coffee

stands, flea market selling vintage kimonos, and even secret open-air sentos to bath in after a long day.

LO • \$24.99 • 230 pgs • 5.90 x 8.26 • ISBN-13: 9789811405389 • TP

## My Bucketlist

Axel & Ash

AA • \$34.99 • 264 pgs • 7.1 x 8.2 • ISBN-13: 9780987449313 • HC

### Panda Guides: Beijing

Linnet, Archer, Umhoefer and Dou PG • \$24.99 • 357 pgs • 5.16 x 7.72 • ISBN: 9780992026806 • TP

## Panda Guides: China

Robert Linnet, et al PG • \$34.99 • 360 pgs • 5.16 x 7.72 • ISBN: 9780992026837 • TP

## Panda Guides: Hong Kong

Blatt, Brewer, Linnet and Archer PG • \$24.99 • 336 pgs • 5.16 x 7.72 • ISBN: 9780992026820 • TP

### Panda Guides: Shanghai

Archer, O'Reilly, Gusway and Klusmire PG • \$24.99 • 344 pgs • 5.16 x 7.72 • ISBN: 9780992026813 • TP

### Panda Guide Travel Maps

China

PG • \$7.99 • 27.56 x 39.37 • ISBN-13: 9780992026851 • Map

Beijing PG • \$3.99 • 23.23 x 27.56 • ISBN-13: 9780992026844 • Map

Hong Kong PG • \$3.99 • 23.23 x 27.56 • ISBN-13: 9780992026875 • Map

Shanghai PG•\$3.99•23.23 x 27.56 • ISBN-13: 9780992026868 • Map

### Press PAUSE

Axel & Ash • Illustrator Jessica Wells AA • \$34.99 • 264 pgs • 7 x 8 • ISBN-13: 9780987449344 • HC

### Route 66: Travel Guide, Trivia and Puzzles

Dale Ratermann & Lana Bandy BD • \$12.00 • 160 pgs • 6 x 9 • ISBN-13: 9780981928975 • TP

## Swept Away by Wanderlust

Axel & Ash AA • \$34.99 • 112 pgs • 7.1 x 8.2 • ISBN-13: 9780987449306 • HC

## Wanderlust Wining

Stefani Jackenthal SW • \$19.95 • 288 pgs • 7 x 10 • ISBN-13: 9781932549683 • TP

# Travel / True Crime

## Your Guide to the National Parks, 2E

Michael Joseph Oswald SR • \$25.00 • 704 pgs • 7.5x9 • ISBN-13: 9781621280675 • TP

## Youth Group Travel

A Planner's Guide Mary Kay French and Larry French RS • \$12.95 • 112 pgs • 6 x 9 • ISBN-13: 9781591641001 • TP

# Triathalon

## Pose Method of Triathlon Techniques

Nicholas Romanov, Ph.D. PT • \$29.95 • 356 pgs • 8 x 10 • ISBN: 9781934013021 • TP

## True Crime

See also Biography

### Assata Shakur

A 20<sup>th</sup> Century Escaped Slave Barbara Casey SM • \$15.95 • 210 pgs • 6 x 9 • ISBN-13: 9780939521606 • TP



#### Black Caesar

The Rise and Disappearance of Frank Matthews

Ron Chepesiuk

Frank Matthews, a charismatic drug kingpin organized a huge criminal enterprise before jumping bail in 1973 with \$15 million and a beautiful woman. Nicknamed Black Caesar, Matthews has never been seen again in what has become one of organized crimes most intriguing mysteries

SM • \$18.95 • 250 pgs • 5.5 x 8.5 • ISBN-13: 9780985244019 • TP

## The Bomb Heard Around the World

The Lives and Deaths of Harry T. and Harriette V. Moore Gregory Marquette • Introduction by U.S. Congressman Charlie Crist TO • \$24.95 • 248 pgs • 6 x 9 • ISBN-13: 9780692925874 • HC

## Buccaneer

MayCay Beeler SM • \$18.95 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9781939521088 • TP

Crazy Charlie

Carlos Lehder, Revolutionary or Neo-Nazi Ron Chepesiuk SM • \$14.95 • 175 pgs • 6 x 9 • ISBN-13: 9781939521385 • TP

#### Diary of a Motor City Hitman Chris Cipollini

SM • \$18.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9780985244064 • TP

### Dirty Trickster, Corporate Spy

A Watergate Saboteur Switches from Disrupting Campaigns to Spying on Employees Martin D. Kelly SM • \$18.95 • 410 pgs • 6 x 9 • ISBN-13: 9781939521712 • TP

## Escobar Versus Cali

The War of the Cartels Ron Chepesiuk SM • \$16.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9781939521019 • TP

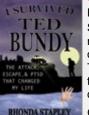
#### Gorilla Convict Seth Ferranti

SM • \$22.95 • 280 pgs • 5.5 x 8.5 • ISBN-13: 9781467526623 • TP

## Hoosier Killers

Ed Wenck BD • \$12.95 • 192 pgs • 6 x 9 • ISBN-13: 9781935628354 • TP

## I Survived Ted Bundy



Rhonda Stapley • Foreword by: Ann Rule She was an innocent Mormon girl. He was America's most notorious serial killer. When their paths crossed on a quiet autumn afternoon, he planned to kill her. This victim had an incredible will to survive and lived to tell her story nearly three decades after he met death.

GX • \$14.95 • 192 pgs • 6 x 9 ISBN-13: 9780997559309 • TP

## Justice Denied

#### Mel Ayton

SM • \$22.95 • 296 pgs • 5.5 x 8.5 • ISBN-13: 9780985244040 • TP

## Kathryn Kelly

Barbara Casey SM • \$14.95 • 180 pgs • 6 x 9 • ISBN-13: 9781939521491 • TP

## Lucky Luciano

Chris Cipollini SM • \$14.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9781939521125 • TP

### Murder Inc.

Chris Cipollini SM • \$14.99 • 180 pgs • 5.5 x 8.5 • ISBN-13: 9781939521279 • TP

### Notorius Kingpins, Volume 1

Amado Carillo Fuentes, Khun Sa and Raymond Chow Ron Chepesiuk

SM • \$15.95 • 210 pgs • 6 x 9 • ISBN-13: 9781939521651 • TP

#### Notorious 92, 3E

The Most Infamous Murders from Each of Indiana's 92 Counties Andrew E. Stoner BD • \$22.95 • 512 pgs • 6 x 9 • ISBN-13: 9781681570259 • TP

## One to the Wolves

On the Trail of a Killer Lois Duncan • Foreword: Ann Rule GX • \$12.95 • 256 pgs • 5.6 x 8.4 • ISBN-13: 9781940018515 • TP

## Patriot Priest

Patricia Daly-Lipe SM • \$18.95 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9781939521064 • TP

# True Crime / Yoga

## Queenpins

Ron Chepesiuk SM • \$18.95 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9780984233359 • TP

### The Sicilian Mafia

Carl Russo SM • \$18.95 • 244 pgs • 5.5 x 8.5 • ISBN-13: 9781939521057 • TP

#### Straight from the Hood

Ron Chepesiuk SM • \$18.99 • 256 pgs • 5.5 x 8.5 • ISBN-13: 9780984233335 • TP

### The Trafficantes

Ron Chepesiuk SM • \$13.95 • 156 pgs • 5 x 8 • ISBN-13: 9780984233304 • TP

### Vanished

William Hryb SM • \$16.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9780985244088 • TP

#### Velvalee Dickinson

The "Doll Woman" Spy Barbara Casey SM • \$15.95 • 179 pgs • 6 x 9 • ISBN-13: 9781939521743 • TP

#### White Boy Confessions

Marcus Valdespino SM • \$18.95 • 200 pgs • 5.5 x 8.5 • ISBN-13: 9781939521095 • TP

TV

## The Donna Reed Show

A Pictorial Memoir Paul Petersen and Deborah Herman MP • \$24.95 • 208 pgs • 8.5 x 8.5 • ISBN-13: 9781944068820 • TP



## Irwin Allen's Lost in Space

An Exciting Lost Adventure Dave Van Arnam and Ron Archer This book is the first in a series of reprint titles appealing to retro sci-fi fans and new fans of these iconic characters. The novel stands alone as a Lost in Space adventure beyond the confines of the television show.

MP • \$14.95 • 184 pgs • 5 x 8 ISBN-13: 9781944068837 • TP

# Wrestling

### Wrestling Strength: Accept the Challenge

Matt Brzycki

BR • \$12.95 • 128 pgs • 5.5 x 8.5 • ISBN-13: 9780976336167 • TP

### Yoga

## Anatomy of Hatha Yoga

H. David Coulter AY • \$29.95 • 622 pgs • 5.5 x 8.5 • ISBN-13: 9780970700612 • TP

#### Brightening Our Inner Skies Yin and Yoga

Norman Blair • Foreword: Sarah Powers MI • \$22.95 • 622 pgs • 8.86 x 8.86 • ISBN-13: 9780995547001 • TP

#### The Heart and Science of Yoga

Leonard Perlmutter with Jenness Cortez Perlmutter AM • \$24.98 • 622 pgs • 6 x 9 • ISBN-13: 9780975375228 • TP

#### Healing Trauma with Yoga

Beth Shaw

BD • \$17.77 • 224 pgs • 7 x 10 • ISBN-13: 9781681577777 • TP

### YinSights

A Journey into the Philosophy & Practice of Yin Yoga Bernie Clark • Foreword: Sarah Powers BC • \$23.95 • 424 pgs • 6 x 9 • ISBN-13: 9780968766514 • TP

#### A Yogi's Guide to Chakra Meditation

Paul Grilley • Illustrator Stephanie Hii GR • \$20.00 • 104 pgs • 4.5 x 8 • SBN-13: 9781733583909 • HC

# Featured Backlist | Juvenile



## Goodnight Sleeping Bear Anne Margaret Lewis Illustrator: Nancy Cote

This deceptively simple bedtime book helps your child understand the lakeshore environment of Michigan and Sleeping Bear Dunes. As

children say goodnight to the animals that call the beach home, they form lasting connections to the real-world environments and ecosystems around them.

RD • \$11.99 • 32 pgs • 7 x 7 • ISBN-13: 9781947141001 • Board Book



# All About Madam C.J. Walker

#### A'Lelia Bundles

Madam C.J. Walker established the local YMCA and was beloved in the community for her philanthropy. She was the first female, selfmade, millionaire and one of the most successful African-American business owners ever.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570938 • TP



## All About Amelia Earhart

Lew Freedman

An IBPA Benjamin Franklin Gold Medal Award Winner, this book takes young readers through Amelia's world fame as a daring and courageous aviator of her time. It additionally shares her love for social work, clothing design, writing, and being an educator.

BD • \$5.99 •128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570860 • TP



## All About Stephan Hawking

#### Chris Edwards

Diagnosed with amyotrophic lateral sclerosis at the age of twenty-one, that didn't stop Stephen from receiving a graduate degree from Cambridge and going on to be an expert in the scientific origin of the universe and black holes.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570945 • TP



# All About Martin Luther King, Jr.

Dr. Martin Luther King, Jr. was one of the most influential leaders in American history. He used non-violent resistance to become a social activist. Through struggles and oppositions, Martin transformed his dream of equality into a law of equality and integration.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570914 • TP



ALL ABOUT

## All About the Grand Canyon

Don Lago • Illustrator: Amber Calderon In this young reader's book, the author lays out the history of the Grand Canyon in its many facets. He includes geological and volcanic history, ecological history, human history, and its history as an attraction.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571003 • TP



## Sweet Dreams Chesapeake Bay

Adriane Doherty • Illustrator: Anastasiia Kuusk

The bedtime book travels through the world's largest estuary throughout a day and year to lull your little one to sleep. With sturdy pages and rounded corners, this book is durable

enough for lots of learning fun.

RD • \$11.99 • 28 pgs • 7 x 7 • ISBN-13: 9781947141124 • Board Book



## ABC Indiana

Adriane Doherty - Illustrator: Kirsten Halvorsen

Children will build their vocabulary and learn about Indiana s state bird, tree, flower, and landmarks. A friendly ducky guides children through the book, hiding somewhere on each spread. With sturdy pages and rounded corners, ABC Indiana is durable and safe for lots of learning fun.

RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141049 • Board Book

# Backlist / Children's Books

# Children's Books



### ABC Christmas

Adriane Doherty • Illustrator: Kirsten Halvorsen This book introduces young readers to the shapes and sounds of the letters of the alphabet in a fun jaunt through the holiday season. Children will build their vocabulary and learn about the sights, sounds, and flavors of winter.

RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141094 • Board Book

#### **ABC** Indiana

Adriane Doherty • Illustrator: Kirsten Halvorsen RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141049 • Board Book

## ABC Ohio

Adriane Doherty • Illustrator: Kirsten Halvorsen RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141056 • Board Book

### ABC Michigan

Anne Margaret Lewis • Illustrator: Kirsten Halvorsen RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141018 • Board Book

#### ABC Texas

Adriane Doherty • Illustrator: Kirsten Halvorsen RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141100 • Board Book

#### ABC Yellowstone

Adriane Doherty • Illustrator: Kirsten Halvorsen RD • \$9.99 • 28 pgs • 6 x 6 • ISBN-13: 9781947141087 • Board Book

#### Farful Foolong from Oolong Panshoo

Nick Loren • Illustrator: Nicolas P. Villarreal PN • \$14.99 • 44 pgs • 7.5 X 10 • ISBN-13: 9780615994918 • HC

#### Farful Helps His Friend

Nick Loren • Illustrator: Megan Lawson PN • \$14.99 • 36 pgs • 7.5 X 10 • ISBN-13: 9780997069341 • HC

#### Farful Learns ABCs

Nick Loren • Illustrator: Megan Lawson PN • \$14.99 • 54 pgs • 7.5 X 10 • ISBN-13: 9780997069358 • HC

### Goodnight Sleeping Bear

Anne Margaret Lewis • Illustrator: Nancy Cote RD • \$11.99 • 32 pgs • 7 x 7 • ISBN-13: 9781947141001 • Board Book

#### Henry Humming

Henry Saves Hanna Irene W. Starlone • Illustrator: Eric Zeringue VI • \$17.00 • 130 pgs • 8.5 x 11 • ISBN-13: 9780999326503 • HC



#### Hoo-Hoo-Hoo Hoosiers!

Terry Hutchens • Illustrator: Phil Velikan One night, Jenny is awakened from sleep by a strange noise. She calls for her mother, and the two search high and low to discover what could be making the strange sound. Can you figure it out before Jenny does?

TH • \$12.95 • 32 pgs. • 8.5 x 9 • ISBN-13: 9780997396515 • HC

### Let's Make a Difference: Learning About Our Ocean

Gabriella Francine with Solora Vayanian BM • \$15.00 • 32 pgs. • 9.25 x 9.25 • ISBN: 9781938504068 • HC

#### Let's Make a Difference: We Can Help Orangutans

Gabriella Francine with Solora Vayanian BM • \$15.00 • 32 pgs. • 9.25 x 9.25 • ISBN-13: 9781938504006 • HC

## Let's Make a Difference: We Can Help Protect Mountain Gorillas

Gabriella Francine with Solora Vayanian BM • \$15.00 • 32 pgs. • 9.25 x 9.25 • ISBN-13: 9781938504020 • HC

## Old Whiskers Escapes!

A True White House Tale Donna Griffin • Illustrator: Gary Varvel BP • \$18.95 • 32 pgs • 8.5 x 11 • ISBN-13: 9780999457009 • HC

### Sweet Dreams Chesapeake Bay

Adriane Doherty • Illustrator: Anastasiia Kuusk RD • \$11.99 • 28 pgs • 7 x 7 • ISBN-13: 9781947141124 • Board Book

#### Sweet Dreams Chicago

Adriane Doherty • Illustrator Anastasiia Kuusk RD • \$14.99 • 32 pgs • 9 x 9 • ISBN-13: 9781947141186 • HC

#### Sweet Dreams Indiana

Adriane Doherty • Illustrator: Anastasiia Kuusk RD • \$11.99 • 28 pgs • 7 x 7 • ISBN-13: 9781947141063 • Board Book

#### Sweet Dreams Ohio

Adriane Doherty • Illustrator Anastasiia Kuusk RD • \$14.99 • 32 pgs • 9 x 9 • ISBN-13: 9781947141407 • HC

#### The Titans of Taste

Keith Lowe • Illustrator Keith Lowe BN • \$19.95 • 32 pgs • 11 x 8.5 • ISBN-13: 9780692178560 • HC

Try and Succeed like Girelephants do! Nick Loren • Illustrator Megan Lawson

PN • \$14.99 • 35 pgs • 7.5 x 10 • ISBN-13: 9780997069365 • HC

#### Wake Up, Woods

Michael A. Homoya and Shane Gibson  $\bullet$  Illustrator Gillian Harris RD  $\bullet$  \$18.95  $\bullet$  32 pgs  $\bullet$  11 x 8.5  $\bullet$  ISBN-13: 9781947141469  $\bullet$  HC

### We Love California!

Gabrielle Francine with Solora Vayanian BM • \$15.00 • 32 pgs. • 9.25 x 9.25 • ISBN-13: 9781938504013 • HC



## When I Grow Up, I Want to Play for Indiana

Terry Hutchens • Illustrator: Phil Velikan Addison and Nolan discuss their ideas for what they want to be someday when they grow up. After kicking around several possible ideas, the two

agree that what they both want most is to be Indiana Hoosiers together on the court or off.

TH • \$12.95 • 32 pgs • 8.25 x 9.75 • ISBN-13: 9780997396539 • TP

# Backlist / Early Readers



#### When I Grow Up, I Want to Play for Purdue

Terry Hutchens • Illustrator: Phil Velikan This delightful children's story for Purdue fans and their families is an officially licensed product of the university. It explores some of the possible paths children can take when they grow up, including

being graduates of Purdue University.

TH • \$12.95 • 32 pgs • 8.25 x 9.75 • 9780997396546 • HC

# Early Readers 4<sup>th</sup>–8<sup>th</sup> Grades All About People

## All About Amelia Earhart

Lew Freedman BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570860 • TP

## All About Barack Obama

Paul Freiberger & Mike Swaine • Illustrator: Moriah McReynolds BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571195 • TP

## All About Benjamin Franklin

Elizabeth Zuckerman

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570921 • TP

## All About Margaret Hamilton

Tamra Orr • Illustrator Moriah McReynolds BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571362 • TP



#### All About Martin Luther King, Jr. Todd Outcalt

Dr. Martin Luther King, Jr. was one of the most influential leaders in the Civil Rights Movement.

He used nonviolent resistance to become a social activist. He led marches and gave influential speeches, like his I Have a Dream speech at the March on Washington.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570914 • TP

## All About Frederick Douglass

Robin L. Condon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570907 • TP

## All About Helen Keller

Chris Edwards Ph.D. • Illustrator: Amber Calderon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570969 • TP



### All About Julia Morgan

Phyllis J. Perry • Illustrator: Kirsten Halvorsen Early readers will learn about the life and achievements of Julia Morgan who became the first woman to receive an architecture license in California. She opened her own business and was quickly singled out by William Hearst, who admired her imaginative style and unique projects. With his funding, she built Hearst Castle, one of the most famous buildings in California.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570952 • TP

## All About Madam C. J. Walker

A'Lelia Bundles BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570938 • TP

### All About Mariano Rivera

Jorge Iber & Raquel Iber • Illustrator Colleen Deignan BD• \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571249 • TP

#### All About Mohandas Gandhi

Todd Outcalt • Illustrator: Amber Calderon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570853 • TP

## All About Moon Landing

Chris Edwards • Illustrator Amber Calderon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571393 • TP

## All About Roberto Clemente

Andrew Conte BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570891 • TP

## All About Sir Edmund Hillary

Lew Freedman BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570877 • TP

## All About Stephen Curry

Anthony Curcio • Illustrator Amber Calderon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571744 • TP

## All About Stephen Hawking

Chris Edwards BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570945 • TP

## All About Steve Wozniak

Paul Freiberger & Mike Swaine BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570976 • TP

## All About Winston Churchill

Cynthia A. Crane defiant resolve against Nazi aggression.

BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570983 • TP

# Early Readers 4<sup>th</sup>–8<sup>th</sup> Grades All About Places

### All About the Appalachian Trail

Leonard M Adkins • Illustrator: Kirsten Halvorsen BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681570990 • TP

#### All About the Grand Canyon

Don Lago • Illustrator: Amber Calderon BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571003 • TP

### All About the Great Lakes

Maureen Dunphy • Illustrator: Alexandra Myers BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571010 • TP

## All About Yellowstone

Lew Freedman • Illustrator: Elizabeth Wells BD • \$5.99 • 128 pgs • 5.31 x 7.63 • ISBN-13: 9781681571027 • TP

# Trade Sale Representation

# Cardinal Publishers Group

## President

Tom Doherty 2402 N. Shadeland Avenue, Suite A Indianapolis, IN 46219 (317) 352-8200 (317) 352-8202 (fax) tdoherty@cardinalpub.com

## Title File/Ebook Sales

Paula Sieffert psieffert@cardinalpub.com

#### Marketing/Social Media

Ginger Bock gbock@cardinalpub.com

#### Client Services / Marketing / Social Media

Thomas McLean tmclean@cardinalpub.com

#### **Customer Service**

customerservice@cardinalpub.com (800) 296-0481

## Western Representation

### Tom Rusch

So. and Central CA, NV, CO, OR, WA, HI 5112 Van Noord Avenue Sherman Oaks, CA 91423 (818) 501-3419 tom.rusch@gmail.com

## Michelle Moline & Associates, Inc.

## Michelle Moline

IL, IN, IA, KS, KY, MI, MN, MO, NE, ND, OH, SD, WI 2736 Bay Court New Lenox, IL 60451 (815) 485-2803 michellemoline@att.net

### Lance Moline

IL, IN, IA, KS, KY, MI, MN, MO, NE, ND, OH, SD, WI 2736 Bay Court New Lenox, IL 60451 (815) 485-2803 lancemoline@att.net

## Bill McGarr

KY, OH, MI, IN 5692 Hearthwood Ct. Taylor Mill, KY 41015 (859) 356-9295 (859) 356-7804 (fax) wdmcgarr@aol.com

# Independent

## Stephen Williamson

New England and Mid-Atlantic 68 Main Street Acton, MA 01720 (978) 263-7723 (978) 263-7721(fax) wwabooks@aol.com

## Southeastern Book Travelers, LLC

TX, LA, AR, OK, MS, AL, TN, GA, FL, NC, SC, VA, and WV 104 Owens Parkway, Suite J Birmingham, AL 35244 (205) 682-8570 (770) 804-2013 (eFax) sbtorders@bellsouth.net www.southeasternbooktravelers.com

## Chip Mercer

AWBC/BAM, Ingram. AL, MS, TN, and the FL panhandle 104 Owens Parkway, Suite J Birmingham, AL 35244 (205)-682-8570 (770) 804-2013 (eFax) chipmercer@bellsouth.net

### Stewart Koontz

VA, WV, NC, SC and select accounts in East TN 206 Bainbridge Road Florence, AL 35634 (256) 483-7969 (770) 804-2013 (eFax) cskoontz@hotmail.com

## Sal E. McLemore

TX, LA, AR 3538 Maple Park Drive Kingwood, TX 77339 (281) 360-5204 (770) 804-2013 (eFax) mchoffice@suddenlink.net

## Larry Hollern

Central and North TX, OK 2007 East 13th Street Austin, TX 78702 (806) 236-7808 (770) 804-2013 (efax) Ihollern@aol.com

## Patrick Miner

Representative/Florida peninsula and Georgia 388 Lake Erie Ln Mulberry, FL 33860 Pminerbook@gmail.com (386) 212-2265 (770) 804-2013 (eFax)

## International Sales

## Gazelle Book Services, Ltd.

Europe White Cross Mills High Town Lancaster, Lancashire LA1 4XS +44 (0) 152468765 +44 (0) 152463232 (fax) sales@gazellebookservices.co.uk

#### Georgetown Publications

A Division of the Georgetown Group Ltd. Canada 34 Armstrong Avenue Georgetown, ON L7G 4R9 (905) 873-8498 Toll Free: (888) 595-3008

(905) 873-6170 (fax) Toll Free: (888) 595-3009 orders@georgetownpublications.com www.georgetownpublications.com



**CPG** Also available on Edelweiss: CPG 2020 Spring Summer



#### **Cardinal Publishers Group**

2402 N Shadeland Ave., Suite A Indianapolis, IN 46219-1137 800.296.0481 | www.cardinalpub.com